	Item No	Recommendation	Page No
Title and abstract	1	(a) Indicate the study's design with a commonly used term	1,2
		in the title or the abstract	
		( <i>b</i> ) Provide in the abstract an informative and balanced	2
		summary of what was done and what was found	
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the	3,4
Ohiesting	2	investigation being reported	4
Objectives	3	State specific objectives, including any prespecified hypotheses	4
Methods			
Study design	4	Present key elements of study design early in the paper	4
Setting	5	Describe the setting, locations, and relevant dates,	4
		including periods of recruitment, exposure, follow-up, and	
		data collection	
Participants	6	(a) Give the eligibility criteria, and the sources and	4
		methods of selection of participants	
Variables	7	Clearly define all outcomes, exposures, predictors,	4
		potential confounders, and effect modifiers. Give	
		diagnostic criteria, if applicable	
Data sources/	8*	For each variable of interest, give sources of data and	4,5
measurement		details of methods of assessment (measurement). Describe	
		comparability of assessment methods if there is more than	
		one group	
Bias	9	Describe any efforts to address potential sources of bias	No sources of bias
			explicitly addressed
			or identified
Study size	10	Explain how the study size was arrived at	6
Quantitative variables	11	Explain how quantitative variables were handled in the	5
		analyses. If applicable, describe which groupings were	
		chosen and why	
Statistical methods	12	(a) Describe all statistical methods, including those used	5,6
		to control for confounding	
		(b) Describe any methods used to examine subgroups and	5,6
		interactions	
		(c) Explain how missing data were addressed	N/a, no missing data
		(d) If applicable, describe analytical methods taking	N/a
		account of sampling strategy	
		$(\underline{e})$ Describe any sensitivity analyses	N/a
Results			
Participants	13*	(a) Report numbers of individuals at each stage of study—	6
		eg numbers potentially eligible, examined for eligibility,	
		confirmed eligible, included in the study, completing	
		follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	6
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STROBE Statement—Checklist of items that should be included in reports of *cross-sectional studies* 

		(c) Consider use of a flow diagram	Considered but ultimately chose not to complete flow diagram
Descriptive data	14*	<ul><li>(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders</li></ul>	Pg 5; Table 1-2 in appendix
		(b) Indicate number of participants with missing data for each variable of interest	No missing data
Outcome data	15*	Report numbers of outcome events or summary measures	4
Main results	16	<ul> <li>(a) Give unadjusted estimates and, if applicable,</li> <li>confounder-adjusted estimates and their precision (eg,</li> <li>95% confidence interval). Make clear which confounders</li> <li>were adjusted for and why they were included</li> </ul>	6,7
		(b) Report category boundaries when continuous variables were categorized	N/a
		( <i>c</i> ) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	N/a
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	6,7
Discussion			
Key results	18	Summarise key results with reference to study objectives	7,8,9
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	8
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	7,8
Generalisability	21	Discuss the generalisability (external validity) of the study results	8
Other information			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	13

\*Give information separately for exposed and unexposed groups.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.