**Supplementary Table 2: Characteristics of All Our Families pregnancy cohort at recruitment (n=3,387) and sample size at each data point**

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| --- | --- | --- |
| **Participant characteristics**  | **na (%)** | **% (95% CI)** |
| Maternal age (mean and standard deviation):  | 3281 |  30.6 (4.6)  |
| Parity: No previous birth  Previous birth to at least one birth  | 1635 (49.0)1703 (51.0) |  47.3, 50.7 49.3, 52.7 |
| Marital status:  Married/common law Other  | 3164 (94.4)188 (5.6) |  93.6, 95.1 4.9, 6.4 |
| Ethnicity: Other White/Caucasian  | 716 (21.4)2636 (78.6) | 20.0, 22.877.2, 80.1 |
| Time in Canada (immigration status): Born in Canada/lived here 5+years  Lived in Canada less than 5 years  | 3016 (90.3)325 (9.4) | 89.2, 91.28.8, 10.8 |
| Education:  High school or less  Some or completed post-secondary  | 367 (10.9)2987 (89.1) | 9.9, 12.088.0, 90.0 |
| Income:  Less than $60,000 $60,000 or more | 596 (18.3)2654 (81.7) | 17.0, 19.780.3, 82.9 |
| Elevated anxiety and/or depression symptoms during pregnancyb: No  Yes | 2575 (76.8)778 (23.2) | 75.3, 78.221.8, 24.7 |
| Sample size after childbirth at each data point:  4-months  1-year  2-years  3-years  5-years  8-years  | 305715731595199419912074 | - |

*Note:* **a**Sample size between variables differs as missing values were deleted using individual variable wise approach.

b Edinburgh Postnatal Depression Score (EPDS) cut-off ≥10 and/or Speilberger State Anxiety Inventory (SSAI) cut-off ≥40. Maternal age, parity, marital status, ethnicity, immigration status, education, income, and anxiety and/or depression were measured during pregnancy at recruitment.