

Appendix 1: The 20th, 40th, 60th, and 80th percentile weight and height for male and female

adolescents, and corresponding BMIs

Age	20 th percentile			40 th percentile			60 th percentile			80 th percentile		
	BMI	W	H	BMI	W	H	BMI	W	H	BMI	W	H
Male												
15(N=443)	18.10	55	1.72	19.83	62	1.75	21.96	69	1.78	26.05	81	1.81
16(N=405)	18.00	55	1.72	19.81	60	1.75	21.57	69	1.79	25.61	82	1.82
17(N=292)	18.25	56	1.71	19.97	62	1.75	21.77	68	1.78	24.06	76	1.83
18(N=174)	18.31	57	1.72	19.95	62	1.76	21.64	68	1.80	24.41	78	1.83
Female												
15(N=470)	18.15	50	1.60	19.57	54	1.64	21.30	59	1.67	24.16	66	1.70
16(N=797)	18.44	50	1.60	19.81	54	1.64	21.36	58	1.67	23.87	66	1.70
17(N=846)	18.65	50	1.60	19.92	54	1.63	21.42	58	1.66	23.44	65	1.70
18(N=549)	18.42	50	1.60	19.53	53	1.64	21.12	58	1.66	23.31	64	1.70

Notes: W = weight; H = height