Supplementary Tables
Table 1S. Sociodemographic characteristics of survey respondents stratified by race/ethnicity: HINTS 2018

|  | Race/ethnicity |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Study sample | Total | NHW | NHB | Hispanic | Other | p-value |
| Unweighted population | 3194 | 1861 | 408 | 425 | 500 |  |
| Weighted population | 229591005 | 139548102 | 23035220 | 33905701 | 33101982 |  |
| Characteristics |  |  |  |  |  |  |
| Knowledge of palliative care |  |  |  |  |  | $<0.001$ |
| No knowledge | 2097 (71) | 1098 (65.5) | 310 (75) | 334 (84.5) | 355 (77.9) |  |
| Inadequate knowledge | 668 (18.1) | 481 (22.6) | 60 (14.3) | 53 (9.2) | 74 (10.9) |  |
| Adequate knowledge | 429 (10.9) | 282 (11.9) | 38 (10.7) | 38 (6.3) | 71 (11.2) |  |
| Age group |  |  |  |  |  | $<0.001$ |
| 18-49 | 1013 (51.2) | 540 (48.3) | 131 (50.2) | 190 (65.6) | 152 (49.5) |  |
| 50-64 | 1046 (29.8) | 607 (29.7) | 157 (37.9) | 134 (25.1) | 148 (29.2) |  |
| 65+ | 1135 (19) | 714 (22) | 120 (11.8) | 101 (9.3) | 200 (21.3) |  |
| Gender |  |  |  |  |  | 0.407 |
| Male | 1298 (48.7) | 797 (49.4) | 138 (43.7) | 170 (50.2) | 193 (47.7) |  |
| Female | 1896 (51.3) | 1064 (50.6) | 270 (56.3) | 255 (49.8) | 307 (52.3) |  |
| Region |  |  |  |  |  | $<0.001$ |
| Northeast | 480 (17.9) | 290 (17.3) | 48 (12.7) | 58 (15.2) | 84 (27) |  |
| Midwest | 577 (21.2) | 401 (25.8) | 77 (18) | 26 (11.6) | 73 (13.9) |  |
| South | 1372 (37.3) | 750 (35.6) | 247 (61.7) | 166 (28.6) | 209 (36.3) |  |
| West | 765 (23.6) | 420 (21.4) | 36 (7.6) | 175 (44.7) | 134 (22.8) |  |
| Education |  |  |  |  |  | < 0.001 |
| Less than high school | 806 (30.1) | 370 (24.4) | 123 (37.4) | 168 (46.1) | 145 (32.6) |  |
| High school graduate | 208 (8.5) | 121 (8.7) | 27 (5.9) | 29 (9.8) | 31 (8.6) |  |
| College ormore | 2180 (61.4) | 1370 (67) | 258 (56.7) | 228 (44.2) | 324 (58.8) |  |
| Marital status |  |  |  |  |  | $<0.001$ |
| Single | 1625 (52.6) | 1041 (57.1) | 130 (32.6) | 222 (53) | 232 (47.2) |  |
| Divorced/widowed/separated | 991 (16.2) | 567 (16.6) | 146 (19.7) | 107 (11.4) | 171 (16.9) |  |
| Married | 578 (31.2) | 253 (26.3) | 132 (47.7) | 96 (35.7) | 97 (35.9) |  |
| Family income |  |  |  |  |  | $<0.001$ |
| Less than \$20,000 | 518 (15.8) | 217 (12.2) | 118 (31.1) | 93 (16.6) | 90 (19.4) |  |
| \$20,000 to < \$35,000 | 391 (10.7) | 227 (10.9) | 59 (12.8) | 50 (11) | 55 (8.2) |  |
| \$35,000 to < \$50,000 | 379 (12.2) | 201 (10.6) | 61 (12.9) | 61 (17.3) | 56 (13.3) |  |
| \$50,000 to < \$75,000 | 542 (16.8) | 347 (18.2) | 53 (8.8) | 67 (16.8) | 75 (16.7) |  |
| \$75,000 or more | 1054 (36.3) | 729 (42) | 80 (26.3) | 118 (31.2) | 127 (24.5) |  |
| Unknown | 310 (8.2) | 140 (6.1) | 37 (8.1) | 36 (7.3) | 97 (17.9) |  |
| Employment |  |  |  |  |  | 0.184 |
| Employed | 1605 (57.7) | 931 (57) | 199 (62.2) | 246 (63.5) | 229 (51.9) |  |
| Not employed | 1589 (42.3) | 930 (43) | 209 (37.8) | 179 (36.5) | 271 (48.1) |  |
| Health insurance |  |  |  |  |  | 0.001 |
| Yes | 3027 (91.4) | 1791 (94.2) | 384 (87.9) | 383 (85.4) | 469 (88.2) |  |
| No | 167 (8.6) | 70 (5.8) | 24 (12.1) | 42 (14.6) | 31 (11.8) |  |
| General health |  |  |  |  |  | 0.027 |
| Excellent | 386 (15.1) | 262(17.1) | 25 (11.6) | 45 (10.8) | 54 (13.1) |  |


| Very good | $1184(35.3)$ | $754(37.5)$ | $130(31)$ | $138(32.2)$ | $162(32)$ |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Good | $1115(34.8)$ | $593(33.3)$ | $171(38.1)$ | $164(36.8)$ | $187(36.7)$ |
| Fair | $419(12.1)$ | $203(9.7)$ | $73(16.9)$ | $65(16.6)$ | $78(14.3)$ |
| Poor | $90(2.7)$ | $49(2.3)$ | $9(2.4)$ | $13(3.6)$ | $19(3.8)$ |
| Diagnosed with cancer |  |  |  |  |  |
| Yes | $539(9.2)$ | $378(11.5)$ | $47(4.4)$ | $38(5.6)$ | $76(6.9)$ |
| No | $2655(90.8)$ | $1483(88.5)$ | $361(95.6)$ | $387(94.4)$ | $424(93.1)$ |
| Family history of cancer |  |  |  |  |  |
| Yes | $2303(70.8)$ | $1464(77.7)$ | $268(65.1)$ | $253(56.2)$ | $318(60.7)$ |
| No | $643(21.3)$ | $302(17.9)$ | $88(23.8)$ | $126(29.8)$ | $127(24.9)$ |
| Not sure | $248(7.9)$ | $95(4.4)$ | $52(11.1)$ | $46(14)$ | $55(14.3)$ |

Table 2S. Predictors of knowledge of Palliative Care Using Logistic Regression, Reduced Model

|  | Northeast |  | Midwest |  | South |  | West |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Characteristics | OR (95\% CI) | $p$-value | OR (95\% CI) | $p$-value | OR (95\% CI) | $p$-value | OR (95\% CI) | $p$-value |
| Age group |  |  |  |  |  |  |  |  |
| 18-49 | 1 |  | 1 |  |  |  |  |  |
| 50-64 | 1.41 (0.72-2.76) | 0.306 | 3.2 (1.37-7.45) | 0.008 | 0.93 (0.49-1.76) | 0.812 | 1.79 (1.08-2.96) | 0.024 |
| 65+ | 1.4 (0.74-2.65) | 0.298 | 2.06 (0.91-4.66) | 0.081 | 0.99 (0.57-1.72) | 0.973 | 2.1 (1.24-3.54) | 0.006 |
| Gender |  |  |  |  |  |  |  |  |
| Male | 1 |  | 1 |  |  |  |  |  |
| Female | 1.63 (0.79-3.36) | 0.180 | 3.05 (1.5-6.21) | 0.003 | 2.32 (1.59-3.39) | <. 001 | 1.59 (0.86-2.96) | 0.139 |
| Race/ethnicity |  |  |  |  |  |  |  |  |
| Non-Hispanic white | 1 |  | 1 |  |  |  |  |  |
| Non-Hispanic black | 0.83 (0.26-2.66) | 0.751 | 0.85 (0.27-2.65) | 0.768 | 0.59 (0.31-1.14) | 0.116 | 1.47 (0.15-14.17) | 0.736 |
| Hispanic | 0.26 (0.1-0.68) | 0.007 | 0.21 (0.02-2) | 0.169 | 0.31 (0.15-0.62) | 0.001 | 0.88 (0.33-2.39) | 0.799 |
| Other | 0.68 (0.33-1.41) | 0.297 | 1.27 (0.45-3.6) | 0.650 | 0.4 (0.22-0.7) | 0.002 | 0.48 (0.22-1.03) | 0.059 |
| Education |  |  |  |  |  |  |  |  |
| Less than high school | 1 |  | 1 |  |  |  |  |  |
| High school graduate | 1.08 (0.09-13.24) | 0.950 | 0.83 (0.05-14.38) | 0.897 | 5.13 (0.83-31.55) | 0.077 | 0.45 (0.01-17.58) | 0.666 |
| Some college | 5.69 (0.35-91.91) | 0.215 | 1.51 (0.07-31.34) | 0.788 | 21.04 (3.02-146.7) | 0.003 | 4.39 (0.09-211.1) | 0.447 |
| College or higher | 4.58 (0.39-53.62) | 0.220 | 3.16 (0.19-54.13) | 0.419 | 14.68 (2.54-85.0) | 0.003 | 3.34 (0.09-122.5) | 0.505 |
| Marital status |  |  |  |  |  |  |  |  |
| Single | 1 |  | 1 |  |  |  |  |  |
| Divorced/widowed/separated | 0.75 (0.39-1.45) | 0.389 | 0.56 (0.29-1.08) | 0.081 | 0.94 (0.66-1.35) | 0.746 | 1.34 (0.55-3.22) | 0.513 |
| Married | 0.97 (0.39-2.45) | 0.952 | 0.38 (0.12-1.22) | 0.102 | 0.48 (0.27-0.84) | 0.011 | 0.84 (0.47-1.5) | 0.545 |

Table 3S. Survey respondents' knowledge of Goal of Palliative Care by race/ethnicity.

| Race | Total | $\begin{aligned} & \text { NHW } \\ & \text { n (Col. \%) } \end{aligned}$ | $\begin{aligned} & \text { NHB } \\ & \mathrm{n} \text { (Col. \%) } \end{aligned}$ | Hispanic <br> n (Col. \%) | Other n (Col. \%) | $P$-Value |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Help friends and family to cope with a patient's illness |  |  |  |  |  | 0.848 |
| Agree/somewhat agree | 949 | 658 (87.1\%) | 89 (88.4\%) | 80 (86\%) | 122 (84.2\%) |  |
| Disagree/don't know | 111 | 83 (9.3\%) | 6 (5.4\%) | 10 (10.4\%) | 12 (6.8\%) |  |
| Offer social and emotional support |  |  |  |  |  | 0.297 |
| Agree/somewhat agree | 974 | 684 (90.9\%) | 88 (90.4\%) | 83 (92.3\%) | 119 (79\%) |  |
| Disagree/don't know | 82 | 55 (5.1\%) | 5 (6.2\%) | 7 (4.1\%) | 15 (11.7\%) |  |
| Manage pain and other physical symptoms |  |  |  |  |  | 0.656 |
| Agree/somewhat agree | 1004 | 703 (93.3\%) | 91 (91.3\%) | 84 (92.4\%) | 126 (85\%) |  |
| Disagree/don't know | 65 | 46 (4.5\%) | 4 (5.8\%) | 6 (4\%) | 9 (5.7\%) |  |
| Give patients more time at the end of life |  |  |  |  |  | 0.692 |
| Agree/somewhat agree | 605 | 403 (53.8\%) | 54 (50.7\%) | 58 (61.4\%) | 90 (62.7\%) |  |
| Disagree/don't know | 446 | 332 (41.3\%) | 38 (40.2\%) | 31 (34.7\%) | 45 (30.5\%) |  |

Table 4S. Survey respondents' Misconceptions of Palliative Care by geographic race/ethnicity

| Race/ethnicity | Total n | $\begin{aligned} & \text { NHW } \\ & \mathrm{n} \text { (Col.\%) } \end{aligned}$ | $\begin{aligned} & \text { NHB } \\ & \mathrm{n} \text { (Col.\%) } \end{aligned}$ | Hispanic <br> n (Col.\%) | $\begin{aligned} & \text { Other } \\ & \mathrm{n} \text { (Col.\%) } \end{aligned}$ | $P$-Value |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Accepting palliative care means giving up |  |  |  |  |  | 0.061 |
| Agree/somewhat agree | 157 | 113 (13.3\%) | 7 (5.1\%) | 13 (16.2\%) | 24 (24.3\%) |  |
| Disagree/don't know It's a doctor's obligation to inform all patients with cancer about the option of palliative care | 910 | 635 (84.8\%) | 87 (85\%) | 75 (79.7\%) | 113 (71.4\%) | 0.381 |
| Agree/somewhat agree | 901 | 637 (84.6\%) | 76 (67.9\%) | 75 (68.6\%) | 113 (78.8\%) |  |
| Disagree/don't know If you accept palliative care, you must stop other treatments | 175 | 117 (13.8\%) | 17 (23.6\%) | 15 (27.8\%) | 26 (17.1\%) | 0.226 |
| Agree/somewhat agree | 148 | 94 (11.8\%) | 9 (9.3\%) | 16 (18.5\%) | 29 (21.9\%) |  |
| Disagree/don't know | 926 | 659 (86.4\%) | 85 (82.3\%) | 74 (77.9\%) | 108 (72.8\%) |  |
| Palliative care is the same as hospice care |  |  |  |  |  | 0.321 |
| Agree/somewhat agree | 346 | 226 (28.3\%) | 34 (37.2\%) | 32 (37.5\%) | 54 (38.2\%) |  |
| Disagree/don't know When I think palliative care, I automatically think of death | 725 | 523 (70.1\%) | 62 (60.3\%) | 57 (58.4\%) | 83 (58.8\%) | 0.468 |
| Agree/somewhat agree | 436 | 321 (43.5\%) | 28 (30.7\%) | 30 (32.4\%) | 57 (42.7\%) |  |
| Disagree/don't know | 640 | 431 (55.1\%) | 67 (66.4\%) | 60 (64\%) | 82 (52.3\%) |  |

Table 5S. Survey Respondents' Information Source of Seeking Knowledge of Palliative Care by Race/ethnicity.

| Information Source | Total n | $\begin{aligned} & \text { NHW } \\ & \text { n (Col. \%) } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { NHB } \\ & \mathrm{n} \text { (Col. \%) } \\ & \hline \end{aligned}$ | Hispanic n (Col. \%) | $\begin{aligned} & \hline \text { Other } \\ & \mathrm{n} \text { (Col. \%) } \\ & \hline \end{aligned}$ | $P$-Value |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| The first source |  |  |  |  |  | 0.008 |
| Printed materials | 13 | 9 (0.8\%) | 2 (1.7\%) | 1 (0.6\%) | 1 (1.3\%) |  |
| Health care provider | 635 | 431 (53\%) | 58 (54.7\%) | 44 (48.1\%) | 102 (70.7\%) |  |
| Conversations with people you trust | 76 | 63 (7.8\%) | 2 (1.7\%) | 7 (4.8\%) | 4 (2.4\%) |  |
| Online (Internet and social media) | 295 | 216 (32\%) | 26 (28.3\%) | 28 (36.7\%) | 25 (17.8\%) |  |
| Unknown | 78 | 44 (6.3\%) | 10 (13.6\%) | 11 (9.8\%) | 13 (7.9\%) |  |
| The most trusted source |  |  |  |  |  | 0.388 |
| Printed materials | 13 | 8 (1.1\%) | 1 (0.3\%) | 3 (2.8\%) | 1 (0.2\%) |  |
| Health care provider | 876 | 614 (79.5\%) | 78 (77.6\%) | 63 (77.4\%) | 121 (82.1\%) |  |
| Conversations with people you trust | 75 | 58 (6.4\%) | 3 (5.9\%) | 8 (7.7\%) | 6 (6.4\%) |  |
| Online (Internet and social media) | 81 | 56 (9.4\%) | 11 (8.2\%) | 6 (3\%) | 8 (6.7\%) |  |
| Unknown | 52 | 27 (3.6\%) | 5 (8\%) | 11 (9.1\%) | 9 (4.7\%) |  |

