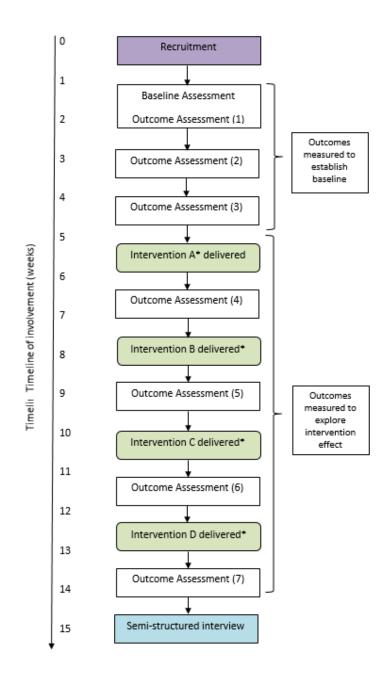
## SUPPLEMENTARY MATERIAL

## Supplementary Material I Flowchart of participant study activities



#### Key

\* order of intervention delivery was randomised, using <u>www.random.org</u>

Baseline assessment comprised: personal details, medical history, ocular history, stroke severity rating, visual acuity, visual field loss, visual neglect

Outcome Assessment comprised: activities of daily living (Stelmack et al., 2004), quality of life(Lamoreaux et al., 2008), visual search ability (Treisman and Gelade, 1980), reading speed (Trauzettel-Klosinski et al., 2012)

# Supplementary Material 2 – Full Intervention Description (using TIDieR guidelines)

| 1. | Brief name       | MyHappyNeuron   | NVT Light Box   | Rainbow Readers   | VISIOcoach   |
|----|------------------|---|---|---|--|
| 2. | Why              | To train cognitive strategies and<br>techniques in those with visual<br>processing problems.  | "to teach a pattern of systematic<br>visual search strategies from the<br>perimeter of the affected visual<br>field to the intact visual field". The<br>aim is to transfer these to ADL and<br>mobility.  | To improve visuo-perceptual<br>skills (tracking, visual<br>discrimination, visual spatial skills<br>and left-right reversals) and<br>visuo-motor skills.  | To achieve better use of the total<br>field of gaze by training better<br>explorative eye movements<br>towards the blind visual field, in<br>order to give better orientation,<br>mobility and independence.   |
| 3. | What: materials  | Online 'brain training',<br>accessed via paid<br>subscription.<br>Access: <u>happy-neuron.com</u>   | This specialist equipment, or 'light<br>box' is made up of 2 rows of<br>equally spaced, coloured lights<br>stretching over 1.5m horizontally.<br>It is controlled via an attached<br>laptop.<br>Access: via Rehabilitation<br>Officers  | Rainbow Readers consists of a<br>booklet, plus exercises that can<br>be printed off from a computer<br>file. Exercises in the former<br>consist of symbols only, the<br>latter contains letters, numbers<br>and pictures.<br>Access:<br>nadia.northway@gcu.ac.uk  | Training is provided by a<br>computer program installed from<br>a USB drive.<br>Access: <u>visiocoach.de/</u>  |
| 4. | What: procedures | The site allows access in two<br>ways: a free basic site and a<br>subscription site that provides<br>guidance on the difficulty level<br>to use. It consists of a large<br>number of brightly coloured,<br>highly interactive games, for<br>example: word search,<br>remembering and tracing paths,<br>general knowledge quizzes and<br>logic puzzles. Exercises are<br>explained in full using onscreen<br>instructions, once they are<br>competed (using the mouse or | The light box is used in 5 different<br>exercises where the lights must be<br>found and/ or identified: these are<br>used to assess an individual's vision<br>and then train the visual field. By<br>verbal instructions, the<br>rehabilitation officer encourages<br>the user to make large scanning<br>movements of the eye and head, to<br>reach the lights at the very end of<br>the light box. They are typically<br>instructed to move from the non-<br>seeing to seeing side of the visual<br>field. The light box is the first<br>"static" stage in a larger<br>rehabilitation programme for visual | Exercises are primarily search<br>tasks and include searching for a<br>symbol or number within a line<br>of varied symbols and numbers,<br>scanning between letters on<br>opposite sides of a page and<br>identifying specific items in<br>picture displays: exercises<br>increase in difficulty. There is no<br>time limit and the response<br>required in most exercises is to<br>circle the correct answer: any<br>incorrect answers mean the user<br>should start the line again and<br>therefore requires support<br>throughout to point out any | The point of each exercise is to<br>find a number using eye<br>movements (not head<br>movements) and mark with a<br>mouse. The number to be found<br>is shown in a large font in the<br>centre of the first screen. On the<br>second screen, number is<br>repeated and hidden in an<br>irregular pattern of other<br>numbers on a white background.<br>There are three difficulty levels: in<br>each session a user should stay at<br>the same level, and progress to a<br>higher level at the next session. |

|     |               | keyboard) scores and tips for<br>better performance are given.<br>The level of difficulty is quite<br>high and progresses in relation<br>to a user's progress. | field loss that moves on to<br>"dynamic" training, where these<br>broad eye and head movements<br>are practiced in real life<br>environments and tasks. | mistakes. Support can come<br>from a carer and the booklet can<br>be used at home   |   |
|-----|---------------|--|---|---|---|
| 5.  | Who Provided  | Demonstrated by researcher   | By trained Low Vision   | Demonstrated by researcher  | Demonstrated by researcher  |
|     |               | (Optometrist).   | Rehabilitation Officer  | (Optometrist).  | (Optometrist).  |
|     |               | Home use could be  |   | Home use could be supported   | Home use could be supported   |
|     |               | supported by family/carer.   |   | by family/carer   | by family/carer   |
| 6.  | How           | Computer-online  | Face-to-face  | Paper-based   | Computer-program  |
| 7.  | Where         | In participant's home  | In participant's home   | In participant's home   | In participant's home   |
| 8.  | When and how  | Recommended schedule: 8 x  | Recommended schedule: 8 x 45  | Recommended schedule: 12 x  | Recommended schedule: 2 x   |
|     | much          | 35 min sessions, over 2 weeks  | min sessions, over 5 weeks  | 10 min sessions, over 2 weeks   | 30 min sessions per day, 5 days per week, for 2 weeks   |
| 9.  | Tailoring     | Exercise difficulty increased<br>automatically if the<br>participant was able to<br>complete initial, easier<br>stages.  | Tailored by provider to abilities of the participant  | Participant could choose the<br>difficulty level of the page<br>they started on: difficulty level<br>increases through the booklet. | Participant could choose one of<br>three difficulty levels<br>(low/medium/high) to use for a<br>session |
| 10. | Modifications | None   | None  | None  | None  |

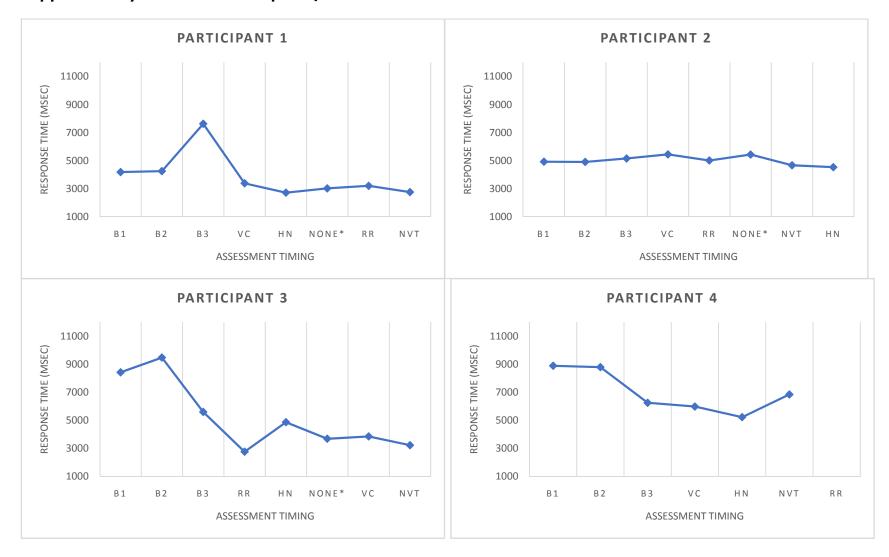
### Supplementary Material 3: Interview Topic Guide

4What did you think of these weeks of rehabilitation/research?

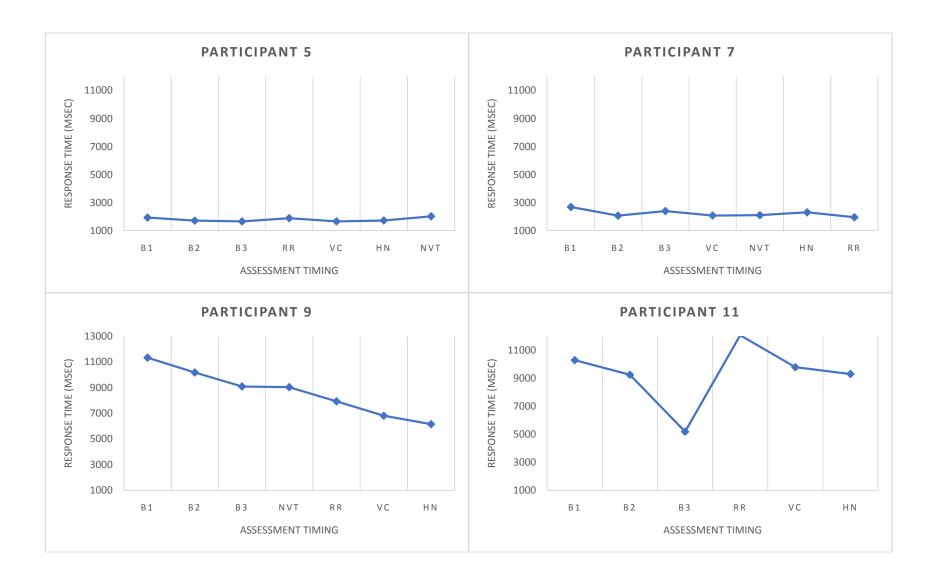
- If you were offered something like scanning training, do you think it was something you would take up?
- Which interventions
  - o have had the most effect / impact on you?
    - What have they had an impact on?
    - How have you been aware of this?
    - How did they make this impact?
  - o have been the best to use? Why?
  - o have been the worst to use? Why?
  - o would you like to use after the study ends, or recommend to others?
- Do you think it would be good to combine specific training methods?
  - o Which? Why? In what order? Who for?
- Is there anything else you would like to tell me, either about having taken part in this research or the scanning training, that we haven't covered already?

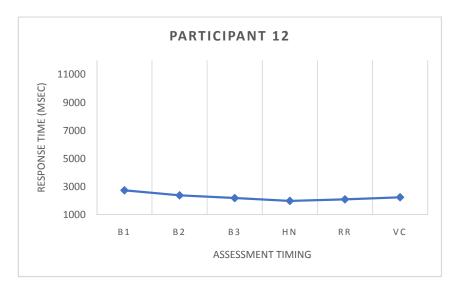
#### Supplementary Material 4: Analysis categories developed

|              | Framework categories                                 |  |  |
|--------------|--|--|--|
| Intervention | 1. Overall Effect                                    |  |  |
| effect       | 2. Specific effects                                  |  |  |
|              | 3. Mechanism of effect                               |  |  |
|              | 4. Factors associated with training effect           |  |  |
| Intervention | 5. Overall feasibility                               |  |  |
| feasibility  | 6. Can they do it? Are they able to do it?           |  |  |
|              | 7. Do they (choose to) do it? Enjoyment / Engagement |  |  |
|              | 8. Other feasibility issues                          |  |  |
| The study    | 9. Perspectives of the study                         |  |  |



#### Supplementary Material 5: Line plots for Visual Search Test





#### Key - Assessment timing

B= Baseline

HN= after MyHappyNeuron use

None\* = no intervention used (over 2-week Christmas period)

NVT = after NVT use

RR = after Rainbow Readers use

VC = after VISIOcoach used

# Supplementary Material 6: Participants' reports of perceived effects of use the four scanning training tools

| Intervention       | Visual Skills   | Cognitive skills  | Tasks and activities   | Emotions  |
|--------------------|---|---|--|---|
| MyHappy-<br>Neuron | <ul> <li>Perception of detail</li> <li><i>Tired eyes</i></li> </ul>   | • "stretching<br>brain"   | • Using computer   | <ul> <li>Achievement</li> <li>Confidence</li> <li>Motivation</li> <li>Enjoyment</li> <li>Patience</li> <li>Stupidity/blame</li> <li>Disappointment</li> <li>Anger</li> <li>Anxiety</li> </ul>   |
| NVT                | <ul> <li>"use of vision"</li> <li>Visual scanning<br/>(scanning pattern,<br/>width, awareness of<br/>need to, use of head<br/>and eyes)</li> </ul>      | <ul> <li>Concentration</li> <li>Reaction speed</li> <li>Memory</li> <li>Awareness of<br/>affected side</li> </ul> | <ul> <li>Walking outside</li> <li>(safely, confidently)</li> <li>Seeing people</li> <li>Getting public</li> <li>transport</li> </ul> | <ul> <li>Achievement</li> <li>Confidence (self, in activities)</li> <li>Motivation</li> <li>Feel supported</li> <li>Hope</li> </ul>   |
| Rainbow<br>Readers | <ul> <li>Visual scanning<br/>(left to right)</li> <li>Perception of<br/>detail</li> <li><i>Tiring</i></li> <li><i>headaches</i></li> </ul>              | <ul> <li>Concentration</li> <li>Memory</li> <li>Processing<br/>(agility)</li> </ul>                               | • Reading  | <ul><li>Achievement</li><li>Satisfaction</li><li>Progression</li></ul>  |
| VISIOcoach         | <ul> <li>Scanning (wider,<br/>quicker, with own<br/>pattern)</li> <li>Better search</li> <li>Perception of<br/>detail</li> <li><i>Tiring</i></li> </ul> | <ul> <li>"mental stimulation"</li> <li>Processing</li> </ul>  | <ul> <li>Using computer<br/>(email, games)</li> <li>Internet</li> <li>Reading</li> </ul>   | <ul> <li>Achievement</li> <li>Confidence</li> <li>(self, in scanning)</li> <li>Independence</li> <li>Motivation</li> <li>Attitude (optimism)</li> <li>Patience</li> <li>Anger/frustration</li> <li>Stupid</li> <li>Demotivated</li> </ul> |

Key

Negative effects are given in italic type