

Annex 1: List of end-of-life items

People differ in their opinion about what is important to ensure to spend best possible their last months of life. How important are each of the following potential end-of-life aspects for you when thinking about the last six months of your life?

- a. Spending time with family and friends
- b. Feeling useful to others (giving time, sharing knowledge, etc.)
- c. Avoiding to be a burden on society
- d. Avoiding to be a burden on my family
- e. Feeling that my family is prepared for my death
- f. Planning the events following my death (funeral, obituary, etc.)
- g. Having my finances in order
- h. Choosing where I die
- i. Not dying alone
- j. Talking about my fears
- k. Being at peace with others
- l. Being at peace with myself
- m. Receiving spiritual or religious assistance
- n. Avoiding overtreatment
- o. Having physical contact (e.g. hold hands)
- p. Being able to talk or communicate with others
- q. Being able to feed myself
- r. Using all available medical treatments to prolong life until the end
- s. Living without pain
- t. Keeping clean (personal hygiene)
- u. Being fully mentally aware
- v. Deciding in advance about medical treatments
- w. Having confidence in my treating physician

Answer categories

- 1. Not important
- 2. Not so important
- 3. Important
- 4. Very important