

## Appendix 1 Search Strategies

CINAHL EBSCO search 31 March, 2016

#	Query
S11	S8 OR S9 OR S10
S10	S4 AND S5 AND S6 AND S7
S9	S4 AND S5 AND S7
S8	S4 AND S5 AND S6
S7	"subluxation"
S6	"pain"
S5	(MH "Shoulder")
S4	S1 OR S2 OR S3
S3	"hemiplegic"
S2	(MH "Hemiplegia")
S1	(MH "Stroke")

**AMED EBSCO 31 March, 2016**

Search ID#	Search Terms
S22	S19 OR S20 OR S21
S21	S15 AND S16 AND S17 AND S18
S20	S15 AND S16 AND S18
S19	S15 AND S16 AND S17
S18	TX subluxation
S17	TX pain
S16	TX shoulder
S15	S12 OR S13
S14	hemiplegic
S13	TX Hemiplegia
S12	TX stroke
S11	S8 OR S9 OR S10
S10	S4 AND S5 AND S6 AND S7
S9	S4 AND S5 AND S7
S8	S4 AND S5 AND S6
S7	"subluxation"
S6	"pain"
S5	(MH "Shoulder")
S4	S1 OR S2 OR S3
S3	"hemiplegic"
S2	(MH "Hemiplegia")
S1	(MH "Stroke")

<u>Author and Date</u>	<u>Participant numbers &amp; study type</u>	<u>Methods of assessment of subluxation and pain</u>	<u>Outcome measures</u>	<u>Pedro score (out of 9)</u>
Hurd 1974 (17)	N=14, controlled trial	Usual care (physiotherapy) vs usual care plus hemi-sling; anthropometric measures and other clinical assessment scores (pain, strength, contracture and comfort)	No difference in subluxation, joint ranges or pain comparing both groups.	2
Moodie 1986 (20)	N=10, observational, within subject comparison	Within subject comparison of 3 orthoses (triangular bandage, Bobath, Hook hemi-harness); assessment with AP radiograph.	Only the triangular sling was effective	5
Williams 1988 (18)	N=26, observational, within subject comparison	Within subject comparison of 2 orthoses (Henderson, Bobath); assessment with AP radiograph	Both orthoses effective equally effective at reducing vertical subluxation	5
Brooke 1991 (19)	N=10, observational, within subject comparison	Within subject comparison of 2 orthoses (Harris hemi-sling, Bobath); assessment with AP radiograph	Harris Sling more effective at reducing vertical subluxation than Bobath roll	4
Zorowitz 1995 (21)	N=20, observational, within subject comparison	4 orthoses (single strap hemisling, Bobath roll, Rolyan cuff, Cavalier support); assessment with AP radiograph	Single strap hemi-sling most effective at reducing vertical subluxation compared to other orthoses	5
Dieruf 2005 (15)	N=20, observational, within subject comparison	Within subject comparison of 2 orthoses (Rolyan sling, GivMohr sling); assessment with radiographs	GivMohr significantly reduces vertical subluxation compared to Rolyan	5
Hartwig 2012 (14)	N=21, controlled trial	Usual care (physiotherapy) vs usual care plus Neurolux sling; anthropometric measures and other clinical assessment scores (pain, strength, contracture and comfort)	Shoulder-hand scores significantly improved in intervention group compared to control group. No change in subluxation when sling not worn.	7
Hesse 2013 (13)	N=40, (radiographs n=12); observational, within subject comparison	Usual care (physiotherapy) vs usual care plus Omo Neurexa orthosis; anthropometric measures and other clinical assessment scores (pain, contracture)	Subluxation reduced in 10/12 patients on radiograph. Significant reduction in clinical subluxation and significant increase in summed muscle strength (n=40).	5

**Appendix 2 Summary of included trials and PEDRo scores.**

### **Appendix 3 Excluded studies with reasons (n=19)**

Acar, M. and Karatas, G. K. (2010)	No outcome of interest - Gait
Brudny et al. (1985)	Descriptive – no data
Han et al (2011)	No outcome of interest - Gait
Hesse, S. et al (2008)	Descriptive – no data
Hesse et al (2008)	German
Hesse et al. (2008)	German
Kieran et al (1984)	Descriptive – no data
Krempen JF et al (1977)	Descriptive - no data
Patterson et al (1984)	Descriptive – no data
Park, et al (2007)	No intervention
Prevost, R. (1988)	Descriptive - no data
Rajaram V and Holtz M (1985)	Descriptive - no data
Roy, C. W. and Blamire, J. G. (1989)	Descriptive - no data
Sodring, K. M. (1980)	Descriptive - no data
Spaulding, S. J. (1999)	Descriptive - no data
Sullivan BE and Rogers SL (1989)	Descriptive - no data
Werner, C. (2009.)	Descriptive - no data
Yavuzer, G. and Ergin, S. (2002)	No outcome of interest - Gait
Zorowitz, R. D.et al (1996)	No intervention

## References of excluded studies

Acar M, Karatas GK. The effect of arm sling on balance in patients with hemiplegia. *Gait Posture* 2010;10;32(4):641-644.

Brudny J. New orthosis for treatment of hemiplegic shoulder subluxation. *Orthotics and Prosthetics* 1985 09/01;39(3):14.

Han SH, Kim T, Jang SH, Kim MJ, Park S-B, Yoon S I, Choi B-K, Lee MY, Lee KH. The effect of an arm sling on energy consumption while walking in hemiplegic patients: a randomized comparison. *Clinical Rehabilitation* 2011;25(1):36-42.

Hesse S, Albasinsi A, Bardeleben A, Grunden J, Schiavone N, Müller A. [Prevention and treatment of painful shoulder from hochparetischen patients in the early rehabilitation. Initial evaluation of a shoulder brace in an open study] [German]. *Zeitschrift für Physiotherapie und Krankengymnastik* 2008 08;60(8):840-840-2, 844, 846 passim.

Hesse S, Albasinsi A, Bardeleben A, Grunden J, Schiavone N, Muller A. Pravention und Therapie der schmerzhaften Schulter von hochparetischen Patienten in der Frührehabilitation. *Zeitschrift für Physiotherapie und Krankengymnastik* 2008 01/01;60(8):840.

Hesse S, Bardeleben A, Grunden J, Rembitzki I, Werner C. Introduction of a new shoulder orthosis to treat shoulder pain (PS) in the severely affected arm after stroke. *Neurologie und Rehabilitation* 2008 March/April 2008;14(2):89-92.

Kieran OP, Willingham A, Schwartz S, Firooznin H. Radiographic assessment of efficacy of slings in gleno-humeral subluxation. *Archives of Physical Medicine & Rehabilitation* 1984 Oct;65: 653.

Krempen JF, Silver RA, Hadley J, Rivera V. The use of the Varney brace for subluxating shoulders in stroke and upper motor neuron injuries. *Clinical Orthopaedics & Related Research* 1977.

Park GY, Kim JM, Sohn SI, Shin IH, Lee MY. Ultrasonographic Measurement of Shoulder Subluxation In Patients with Post-Stroke Hemiplegia. *Journal of Rehabilitation Medicine* 2007 09/01;39(7):526.

Patterson JR, Zabransky R, Grabois M, Ferro P. Evaluation of the effectiveness of sling orthoses for the correction of gleno-humeral subluxation in the hemiplegic. *Archives of Physical Medicine & Rehabilitation* 1984 Oct;65: 635.

Prevost R. Bobath axillary support for adults with hemiplegia: a biomechanical analysis... shoulder subluxation. *Physical Therapy* 1988 02;68(2):228-232.

Rajaram V, Holtz M. Shoulder forearm support for the subluxed shoulder. *Archives of Physical Medicine & Rehabilitation* 1985 Mar;66(3):191-192.

Roy CW, Blamire JG. The functional shoulder orthosis in hemiplegic shoulder subluxation: a pilot study. *Clinical Rehabilitation* 1989 05/01;3(2):107.

Sodring KM. Upper extremity orthoses for stroke patients. International Journal of Rehabilitation Research 1980;3(1):33-38.

Spaulding SJ. Biomechanical analysis of four supports for the subluxed hemiparetic shoulder. Canadian Journal of Occupational Therapy 1999 10/01;66(4):169.

Sullivan BE, Rogers SL. Modified Bobath sling with distal support. American Journal of Occupational Therapy 1989 Jan;43(1):47-49.

Werner C. First clinical and Gait analysis data on the shoulder orthosis OmoNeurexa for the prevention and treatment of a painful shoulder after stroke. Cerebrovascular Diseases 2009. May 2009;27:87.

Yavuzer G, Ergin S. Effect of an arm sling on gait pattern in patients with hemiplegia. Archives of Physical Medicine & Rehabilitation 2002 07/01;83(7):960.

Zorowitz RD, Hughes MB, Idank D, Ikai T, Johnston MV. Shoulder pain and subluxation after stroke: correlation or coincidence? Am J Occup Ther. 1996 Mar;50(3):194–201.