**Supplemental material.** The logic grid of relevant keywords used within PubMed

|  |  |
| --- | --- |
| Acceptance and commitment therapy | Family caregivers |
| "acceptance and commitment therapy"[tiab]  OR  "acceptance and commitment therapy"[MeSH] | "caregiver\*"[tiab]  OR  "carer\*"[tiab]  OR  "family member\*"[tiab]  OR  "relative\*"[tiab]  OR  "family"[tiab]  OR  "families"[tiab]  OR  "parent\*"[tiab]  OR  "mother\*"[tiab]  OR  "father\*"[tiab]  OR  "caregivers"[MeSH] |