**Supplemental material.** The logic grid of relevant keywords used within PubMed

|  |  |
| --- | --- |
| Acceptance and commitment therapy | Family caregivers |
| "acceptance and commitment therapy"[tiab]OR"acceptance and commitment therapy"[MeSH] | "caregiver\*"[tiab]OR"carer\*"[tiab]OR"family member\*"[tiab]OR"relative\*"[tiab]OR"family"[tiab]OR"families"[tiab]OR"parent\*"[tiab]OR"mother\*"[tiab]OR"father\*"[tiab]OR"caregivers"[MeSH] |