

Supplementary Material

Supplement 1. Quality Appraisal

Source	Scope/ purpose	Design/ method	Sample	Data collection	Analysis	Reliability / validity	Generalizability	Credibility / plausibility	Total
Aggarwal et al. (2003)	+	+	-	+	+	-	-	+	5/8
Anderberg and Berglund (2010)	+	-	+	+	+	+	+	+	7/8
Bowers et al. (2001)	+	-	+	+	+	-	+	-	5/8
Chang (2013)	+	+	+	+	+	+	+	+	8/8
Chao and Roth (2005)	+	+	+	+	+	-	+	+	7/8
Cho et al. (2017)	+	+	+	+	+	+	+	+	8/8
Chuang et al. (2015)	+	-	+	+	+	+	+	+	7/8
Coughlan and Ward (2007)	+	-	+	+	+	+	-	+	6/8
Drageset et al. (2017)	+	+	+	+	+	-	+	+	7/8
Eales et al. (2001)	+	-	+	+	+	+	-	+	6/8
Evangelista et al. (2014)	+	+	-	+	-	-	-	-	3/8
Fiveash (1998)	+	+	-	+	-	-	-	+	4/8
Grant et al. (1996)	+	+	+	+	+	-	+	+	7/8
Hwang et al. (2013)	+	+	+	+	+	+	+	+	8/8
Milte et al. (2016)	+	-	+	+	+	+	-	+	6/8
Mohammadinia et al. (2017)	+	-	+	+	+	+	+	+	7/8
Nakrem et al. (2013)	+	+	+	+	+	+	+	+	8/8
Nakrem et al. (2011)	+	+	+	+	+	+	+	+	8/8
Palacios-Cena et al. (2013)	+	+	+	+	+	+	+	+	8/8

Rahayu et al. (2018)	+	-	-	+	+	-	-	+	4/8
Robinson et al. (2004)	+	-	+	+	+	-	+	+	6/8
Rodriguez et al. (2013)	+	+	+	+	+	+	+	+	8/8
Tappen (2016)	+	-	+	+	+	+	-	+	6/8
Timonen. 2009.	+	-	-	-	+	-	+	-	3/8
Tsai. 2008.	+	-	+	+	+	+	-	+	6/8
Walker. 2016.	+	+	+	+	+	-	+	+	7/8
Van Zadelhoff. 2011.	+	+	+	+	+	+	+	+	8/8