

APPENDIX I

```
realize_keywords = ['accomplish', 'accomplished', 'accomplishing', 'accomplishment',  
'accomplishments', 'achieve', 'achievements', 'achieving', 'manage', 'manageable', 'managed',  
'management', 'manager', 'managers', 'manages', 'managing', 'realise', 'realised', 'realization',  
'realize', 'realized', 'realizing', 'recognize', 'understanding']
```

```
conscious_keywords = ['cognizant', 'conscious', 'consciously', 'consciousness', 'intended']
```

```
aware_keywords = ['alert', 'aware', 'awareness', 'careful', 'sense']
```

```
mind_keywords = ['aim', 'conclusion', 'decision', 'dwell', 'inclined', 'intelligence', 'intent',  
'intention', 'judgemental', 'judgment', 'mind', 'minded', 'mindful',  
'mindfully', 'notice', 'unconscious']
```

APPENDIX II

Participant ID	Treatment vs Control	Age	Self Identified Gender	Education Level	Household Income	Self identified Ethic/Racial identity	Self identified political leanings	State
----------------	----------------------	-----	------------------------	-----------------	------------------	---------------------------------------	------------------------------------	-------

MINDFULLY SCROLLING

67	Control	65	F	Bachelor's degree	\$75k to \$99999	White / Caucasian	weakly democratic	CA
108	Treatment	33	F	Some college	\$50k to \$59999	Hispanic	strongly republican	TX
182	Treatment	24	M	Bachelor's degree	\$10k to \$19999	Black or African American	weakly democratic	FL
526	Control	24	M	Bachelor's degree	\$50k to \$59999	White / Caucasian	strongly democratic	NE
539	Control	40	F	Graduate degree	\$150k and up	White / Caucasian	strongly democratic	WA
674	Control	34	M	Associate's degree	\$30k to \$39999	Black or African American	weakly democratic	NC
680	Treatment	25	F	Bachelor's degree	\$40k to \$49999	White / Caucasian	strongly democratic	IL

MINDFULLY SCROLLING

699	Treatment	44	F	Graduate degree	\$60k to \$74999	White / Caucasian	independent	MA
763	Control	26	F	Bachelor's degree	\$75k to \$99999	White / Caucasian	weakly democratic	IL
869	Control	29	M	Bachelor's degree	\$50k to \$59999	White / Caucasian	weakly republican	FL
953	Treatment	34	M	Some college	\$60k to \$74999	White / Caucasian	strongly democratic	GA
1123	Treatment	20	F	High school	\$10k to \$19999	Asian or Pacific Islander	strongly democratic	AL
1191	Treatment	29	F	Graduate degree	\$75k to \$99999	Asian or Pacific Islander	strongly democratic	TX
1201	Treatment	19	M	Some college	0 to \$9999	Hispanic	strongly democratic	CA
1340	Control	25	M	Bachelor's degree	\$75k to \$99999	White / Caucasian	independent	VA

MINDFULLY SCROLLING

1432	Control	40	F	Some college	\$75k to \$99999	White / Caucasian	weakly republican	SC
1475	Control	40	F	Graduate degree	\$30k to \$39999	White / Caucasian	strongly democratic	OR
1554	Control	69	M	Bachelor's degree	\$75k to \$99999	White / Caucasian	weakly democratic	NY
1859	Treatment	31	M	High school	0 to \$9999	White / Caucasian	independent	GA
2067	Control	28	F	Some college	\$30k to \$39999	White / Caucasian	independent	AL
2164	Control	25	M	Bachelor's degree	\$60k to \$74999	Asian or Pacific Islander	independent	NY
2188	Treatment	28	F	Bachelor's degree	\$60k to \$74999	Asian or Pacific Islander	independent	NJ
2203	Treatment	22	F	Bachelor's degree	\$125k to \$149999	White / Caucasian	independent	NE

MINDFULLY SCROLLING

2203	Treatment	22	F	Bachelor's degree	\$125k to \$149999	White / Caucasian	independent	NE
2322	Treatment	31	F	Associate's degree	\$30k to \$39999	White / Caucasian	independent	CA
2451	Treatment	22	M	High school	\$40k to \$49999	Hispanic	strongly democratic	CA
2459	Treatment	52	F	Some college	\$125k to \$149999	White / Caucasian	strongly republican	GA
2459	Treatment	52	F	Some college	\$125k to \$149999	White / Caucasian	strongly republican	GA
2628	Control	21	M	Associate's degree	\$30k to \$39999	White / Caucasian	independent	CO
2755	Treatment	51	F	Associate's degree	\$20k to \$29999	White / Caucasian	strongly republican	CA
10332	Control	20	M	Associate's degree	0 to \$9999	Asian or Pacific Islander	independent	GA

MINDFULLY SCROLLING

11071	Control	26	F	Bachelor's degree	\$50k to \$59999	White / Caucasian	independent	VA
11631	Treatment	26	F	Some college	\$30k to \$39999	White / Caucasian	independent	TX
11691	Treatment	45	F	Bachelor's degree	\$75k to \$99999	White / Caucasian	independent	OR
12460	Treatment	28	M	Bachelor's degree	\$10k to \$19999	White / Caucasian	independent	NV
12527	Control	38	F	Graduate degree	\$100k to \$124999	White / Caucasian	weakly republican	IL
12777	Control	53	M	Some college	\$40k to \$49999	White / Caucasian	strongly republican	WI
13966	Control	38	F	Bachelor's degree	\$30k to \$39999	Hispanic	weakly democratic	TX
14039	Control	22	M	Bachelor's degree	\$40k to \$49999	Hispanic	strongly democratic	NJ
15770	Control	25	F	Bachelor's degree	\$125k to \$149999	Asian or Pacific Islander	strongly democratic	CA

MINDFULLY SCROLLING

16041	Control	25	M	Bachelor's degree	\$10k to \$19999	White / Caucasian	strongly democratic	CO
16954	Treatment	37	F	Associates degree	\$30k to \$39999	White / Caucasian	independent	FL
18286	Treatment	33	F	Associates degree	\$75k to \$99999	White / Caucasian	independent	NC
18972	Control	23	F	Some college	\$20k to \$29999	White / Caucasian	strongly democratic	CA
19796	Treatment	27	F	Associates degree	\$60k to \$74999	White / Caucasian	strongly democratic	DE
20848	Control	31	F	Bachelor's degree	\$100k to \$124999	White / Caucasian	independent	OH
23074	Treatment	21	M	High school	\$60k to \$74999	Asian or Pacific Islander	independent	TX

MINDFULLY SCROLLING

23355	Control	32	F	Bachelor's degree	\$60k to \$74999	White / Caucasian	strongly democratic	NY
-------	---------	----	---	-------------------	------------------	-------------------	---------------------	----