

Table 1S. Baseline characteristics according to mean HbA1c

	type 2 diabetes mellitus			<i>p</i> -value (all)
	new	strict control	lenient control	
n	58	64	55	
Age (years)	71±11	70±9	69±10	0.626
Female, n (%)	24 (41.4)	15 (23.4)	13 (23.6)	0.050
Body Mass Index (kg/m ²)	28±5	28±4	29±4	0.071
HbA _{1c} (mmol/mol)	44 (41, 48)	46 (42, 51)	62 (55, 66)	<0.001
Diabetes duration (years)	< 1	8 (2, 15.5)	16 (10, 28)	
Triglycerides (mmol/L)	1.6 (1.1, 2.3)	1.7 (1.1, 2.4)	1.9 (1.3, 2.4)	0.614
HDL-C (mmol/L)	1.3 (1.1, 1.6)	1.2 (1.1, 1.5)	1.2 (1.0, 1.4)	0.214
LDL-C (mmol/L)	2.7 (2.2, 3.4)	2.3 (1.8, 2.9)	2.5 (2.0, 3.0)	0.010
C-reactive Protein (nmol/L)	37.1 (17.1, 70.5)	24.8 (9.5, 50.5)	31.4 (15.2, 58.1)	0.057
eGFR (ml/min/1.73 m ²)	64.6±18.2	70.4±19.5	66.4±18.4	0.268
Hypertension, n (%)	56 (96.6)	62 (96.9)	53 (96.4)	0.747
RAAS blockage, n (%)	48 (82.8)	51 (79.7)	48 (87.3)	0.545
Statin use, n (%)	45 (77.6)	51 (79.7)	49 (89.1)	0.239
Smoking - active, n (%)	15 (25.9)	18 (28.1)	13 (23.6)	0.781
- quit, n (%)	28 (48.3)	35 (54.7)	31 (56.4)	
- never, n (%)	15 (25.9)	11 (17.2)	11 (20.0)	
Carotid artery disease, n (%)	24 (41.4)	28 (43.8)	25 (45.5)	0.908
Stroke, n (%)	6 (10.3)	6 (9.4)	9 (16.4)	0.456
Coronary artery disease, n (%)	22 (37.9)	26 (40.6)	21 (38.2)	0.944
Myocardial infarction, n (%)	13 (22.4)	13 (20.3)	10 (18.2)	0.856

Data are mean ± SD or median (25,75 percentile) or n (%). Type 2 diabetes mellitus; type 2 diabetes mellitus; new – diagnosis within one year, - strict control HbA_{1c} < 7% (53 mmol/mol), - lenient control ≥ 7% (53 mmol/mol). * *p*-value for type 2 diabetes mellitus subgroup. eGFR, estimated glomerular filtration rate according to CKD-EPI equation; HbA_{1c}, glycated hemoglobin A_{1c}, HDL-C, high density lipoprotein cholesterol; LDL-C, low density lipoprotein cholesterol; RAAS, renin-angiotensin-aldosterone system; Differences were analyzed by Students' T-Test, ANOVA, Chi-Square Test or Kruskal-Wallis Test as appropriate. An alpha-level of *p*<0.05 (two-tailed) was considered statistically significant.