

Supplementary table 1 – Baseline characteristics of participants vs. dropouts

(n=848)

<i>Participant characteristics</i>	Participants (n=628)	Dropouts (n=220)	P-value
<i>Gender (% males)</i>	51.75%	54.09%	^a 0.550
<i>Birthweight (kg)</i>	3.52 ± 0.51	3.49 ± 0.60	^b 0.475
<i>Maternal educational level</i>			
<i>ISCED 1-3</i>	21.97%	23.64%	
<i>ISCED 4</i>	8.28%	12.27%	
<i>ISCED 5-6</i>	42.83%	42.73%	
<i>ISCED 7-8</i>	26.91%	21.36%	^a 0.175
<i>Maternal ethnicity</i> (% born in Denmark)	95.06%	90.91%	^a 0.026*
<i>Fish consumption (days/month)</i>	8.41 ± 7.44	7.34 ± 6.93	^b 0.062
<i>BMI</i>			
<i>Grade 1-3 thinness</i>	13.85%	12.73%	
<i>Normal weight</i>	81.05%	81.82%	
<i>Overweight/obese</i>	5.10%	4.45%	^a 0.903
<i>Habitual sleep duration (hours)</i>	11.12 ± 0.57	11.08 ± 0.54	^b 0.366
<i>Physical activity level compared to peers</i> (% somewhat more or much more physically active)	24.04%	23.64%	^a 0.903

Table 3 shows baseline characteristics of participants vs. dropouts in the prospective analysis. Data are presented as proportion (%) or mean (±SD) of the group. Significant differences (p<0.05) are marked *. Categorical variables were compared using chi²-test (^a). Continuous parametric variables were compared using a two-sample t-test (^b).