

Supplementary Table 1: example of search strategy in Medline

1. Exp Pulmonary Disease, Chronic Obstructive/ (49394)
2. Emphysema/ (6853)
3. Bronchitis, Chronic/ (1685)
4. Lung Disease, Obstructive/ (18100)
5. Chronic obstructive pulmonary disease.mp (41681)
6. Emphysema.mp (32674)
7. Chronic bronchitis\$.mp (9734)
8. Obstructive lung disease.mp (5621)
9. COPD.mp (39925)
10. COAD.mp (274)
11. or/1-10 (107440)
12. Exp Fatigue/(27059)
13. Lethargy/ (364)
14. Fatigue (94388)
15. Tired*(5180)
16. Energy (633568)
17. Lethargy (6068)
18. Lassitude (408)
19. Or/12-18 (732848)
20. Telerehabilitation/ (186)
21. Exercise/ (93975)
22. Walking/ (28902)
23. Yoga/(2333)
24. Relaxation Therapy/ (6169)
25. Tai Ji/ (908)
26. Self-management/ (681)
27. Education or Health Education/ (76996)
28. Meditation/ (2357)
29. Mindfulness/ (2005)
30. Counselling / (33375)
31. Diet/ (145630)
32. Pulmonary rehab*.mp (3102)
33. PR.mp (49072)
34. Telerehab*.mp (672)
35. Exercise.mp (311924)
36. Walk*.mp (111262)
37. Yoga.mp (4352)
38. Cycling.mp (52894)
39. Progressive relaxation exercise.mp (5)
40. Progressive muscle relaxation.mp (474)
41. (Tai chi OR Tai ji).mp (1558)
42. (Self management or Self-management).mp (15492)
43. Educat*.mp (935512)
44. Energy conservation.mp (2162)
45. Coping.mp (47699)
46. Cognitive behavio* therapy.mp (13954)
47. CBT.mp (9086)
48. Meditat*.mp (5899)
49. Mindfulness.mp (5634)
50. Relax* .mp (167465)

- 51. Counsel*.mp (119046)
- 52. Diet.mp (420535)
- 53. Nutrition.mp (206127)
- 54. Or/20-53 (2211727)
- 55. 11 AND 19 AND 54 (1151)