

Appendix 4-2. Depression in MA

Author	Type of cancer	Patients	Interventions	Classification of interventions	Number of included study	Type of included study	Outcome	Result	
Lee (Taiwan) 2016	Breast cancer	349	Acu point stimulation	Acupuncture	2	RCT	Depression	no statistic available	
Cramer (Germany) 2012	Breast cancer	742	Yoga	Mind and Body practices	12	RCT	Depression	SMD : -0.35	95% CI, -0.81 - 0.12
Zhang (China) 2012	Breast cancer	382	Yoga	Mind and Body practices	6	RCT	Depression	SMD : -4.12	95% CI, -13.05 - 4.81
Felbel (Germany) 2014	All cancers	39	Yoga	Mind and Body practices	1	RCT	Depression	MD : -0.7	95% CI, -3.21 - 1.81
Cramer (Germany) 2017	Breast cancer	496	Yoga(short term)	Mind and Body practices	7	RCT	Depression	SMD : -0.13	95% CI, -0.31 - 0.05
Cramer (Germany) 2017	Breast cancer	226	Yoga(versus psychosocial/educational interventions)	Mind and Body practices	4	RCT	Depression	SMD : -2.29	95% CI, -3.97 - -0.61
Pan (China) 2017	Breast cancer	930	Yoga	Mind and Body practices	16	RCT	Depression	SMD : -0.17	95% CI, -0.32 - -0.01
Zhang (China) 2012	All cancers	3181	Music	Mind and Body practices	32	RCT	Depression	SMD : -6.23	95% CI, -8.85 - -3.60
Bradt (U.S) 2016	All cancers	68	Music	Mind and Body practices	2	RCT	Depression	SMD : -0.4	95% CI, -0.74 - -0.06

Pan (China) 2014	Breast cancer	950	Massage	Mind and Body practices	18	RCT	Depression	SMD : -0.23	95% CI, -0.56 - 0.10
Lee (Taiwan) 2016	Breast cancer	233	Massage	Mind and Body practices	4	RCT	Depression	MD : -0.15	95% CI, -0.49 - 0.18
Cramer (Germany) 2012	Breast cancer	327	Mindfulness-based stress reduction	Mind and Body practices	3	RCT	Depression	SMD : -0.37	95% CI, -0.65 - -0.08
Oh (Korea) 2014	All cancers	889	Spiritual interventions	Mind and Body practices	7	RCT	Depression	SMD : -0.62	95% CI, -1 - -0.25
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Puetz (U.S) 2013	All cancers	1576	Art therapy	Mind and Body practices	27	RCT	Depression	Hedges Effect size : 0.23	95% CI, 0.05 - 0.40
Bergenthal (Germany) 2014	All cancers	818	Aerobic	Mind and Body practices	9	RCT	Depression	SMD : 0.25	95% CI, 0.00 - 0.50
Carayol (France) 2015	Breast cancer	1244	Exercise	Mind and Body practices	36	RCT	Depression	SMD : 0.2	95% CI, 0.08 - 0.33
Lee (Taiwan) 2016	Breast cancer	148	expressive writing	Mind and Body practices	2	RCT	Depression	MD : -0.12	95% CI, -2.9 - 2.66