

Appendix A. Correlation Matrix of Dietary and Drinking Measures ^a

	Fruits/ Vegetables	Red Meat	Olive Oil	Whole Grains	Fried Food	Daily Drinking
Fruits/ Vegetables	1.00					
Red Meat	0.11	1.00				
Olive Oil	0.28	0.14	1.00			
Whole Grains	0.17	0.07	0.20	1.00		
Fried Food	0.16	0.36	0.17	0.12	1.00	
Daily Drinking	0.05	0.04	-0.06	0.04	-0.04	1.00

^a N = 1298

Appendix B. Correlation Matrix of Social Integration Measures ^a

	No Confidant	Married	Employed	Informal Integration	Church Attendance
No Confidant	1.00				
Married	-0.05	1.00			
Employed	-0.05	0.13	1.00		
Informal Integration	-0.10	0.03	0.10	1.00	
Church Attendance	-0.11	0.00	-0.07	0.06	1.00

^a N = 1302

Appendix C. Average Marginal Effects (AMEs) of Social Integration Mediators on Dietary and Drinking Practices in Older US Adults (50+)
a, b, c, d

		No Confidant		Married		Employed		Informal Integration	Church Attendance
Fruits and Vegetables	<i>5+ Srv</i>	-0.018		0.027		-0.005		0.016	*
		(0.023)		(0.017)		(0.023)		(0.007)	
	<i>3-4 Srv</i>	-0.015		0.022		-0.004		0.013	*
		(0.021)		(0.016)		(0.018)		(0.006)	
	<i>1-2 Srv</i>	0.029		-0.042		0.008		-0.025	*
		(0.038)		(0.028)		(0.035)		(0.012)	
	<i>None</i>	0.005		-0.007		0.001		-0.004	*
		(0.006)		(0.005)		(0.005)		(0.002)	
Olive Oil	<i>Almost Everyday</i>	-0.068	*	0.074	*	-0.019		0.031	*
		(0.019)		(0.026)		(0.023)		(0.011)	
	<i>Most Days</i>	-0.025	*	0.024	*	-0.006		0.010	*
		(0.009)		(0.009)		(0.007)		(0.004)	
	<i>Some Days</i>	-0.010		0.004		0.000		0.000	
		(0.007)		(0.005)		(0.001)		(0.002)	
	<i>Rarely/ Never</i>	0.102	*	-0.102	*	0.024		-0.041	*
		(0.034)		(0.038)		(0.029)		(0.014)	
Whole Grains	<i>Almost Everyday</i>	0.030		0.073		-0.113	*	-0.002	
		(0.044)		(0.044)		(0.038)		(0.020)	
	<i>Most Days</i>	-0.003		-0.005		0.010	*	0.000	
		(0.005)		(0.003)		(0.004)		(0.002)	
	<i>Some Days</i>	-0.017		-0.040		0.062	*	0.001	
		(0.024)		(0.024)		(0.021)		(0.011)	
	<i>Rarely/ Never</i>	-0.011		-0.028		0.042	*	0.001	
		(0.015)		(0.018)		(0.015)		(0.007)	

Appendix C (continued). Average Marginal Effects (AMEs) of Social Integration Mediators on Dietary and Drinking Practices in Older US Adults (50+) ^{a, b, c, d}

		No Confidant		Married		Employed		Informal Integration		Church Attendance	
Fried Foods	Rarely/ Never	0.041		-0.001		0.032		0.012		-0.005	
		(0.052)		(0.037)		(0.037)		(0.017)		(0.009)	
	Some Days	-0.026		0.001		-0.020		-0.008		0.003	
		(0.034)		(0.023)		(0.022)		(0.010)		(0.006)	
	Most Days	-0.007		0.000		-0.006		-0.002		0.001	
		(0.009)		(0.007)		(0.006)		(0.003)		(0.002)	
Almost Everyday	-0.008		0.000		-0.007		-0.003		0.001		
	(0.010)		(0.008)		(0.008)		(0.004)		(0.002)		
Red Meat	Rarely/ Never	-0.006		-0.056	*	0.050	*	-0.007		0.005	
		(0.031)		(0.028)		(0.024)		(0.012)		(0.007)	
	Some Days	-0.002		-0.010		0.012		-0.002		0.001	
		(0.008)		(0.006)		(0.007)		(0.003)		(0.002)	
	Most Days	0.004		0.032	*	-0.029	*	0.004		-0.003	
		(0.018)		(0.016)		(0.014)		(0.007)		(0.004)	
Almost Everyday	0.004		0.035	*	-0.033	*	0.004		-0.004		
	(0.022)		(0.017)		(0.016)		(0.008)		(0.004)		
Daily Drinking	30+/mo	-0.113	*	-0.014		-0.009		0.025		-0.041	*
		(0.035)		(0.030)		(0.030)		(0.016)		(0.007)	

^a N = 1300 (fruits/ vegetables, olive oil); 1302 (whole grains, fried food, red meat, drinking)

^b AMEs calculated from ordered logistic (linear probability for drinking) models adjusted for race, age, gender, SES, health status, discrimination, and all social integration measures.

^c Coefficients represent the average marginal effect of a positive response (no confidant, married, employed measures) or 1-unit increase (informal integration, church attendance) for each category; standard errors are beneath each coefficient in parentheses

^d * p<.05