

SUPPLEMENTAL DIGITAL CONTENT 1.

Papers included in the descriptive review.

1. Abrahamson, K., Myers, J., & Nazir, A. (2017). Implementation of a Person-Centered Medical Care Model in a Skilled Nursing Facility: A Pilot Evaluation. *Journal of the American Medical Directors Association*, 18(6), 539-543. doi:10.1016/j.jamda.2017.03.001
2. Archibald, C. M., & Newman, D. (2015). Pilot Testing HIV Prevention in an Afro Caribbean Faith-Based Community. *The ABNF Journal*, 26(2), 43-49.
3. Argenbright, C. A., Taylor-Piliae, R. E., & Loescher, L. J. (2016). Bowenwork for symptom management of women breast cancer survivors with lymphedema: A pilot study. *Complementary Therapies in Clinical Practice*, 25, 142-149. doi:10.1016/j.ctcp.2016.09.004
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5. Athilingam, P., Edwards, J. D., Valdes, E. G., Ji, M., & Guglin, M. (2015). Computerized auditory cognitive training to improve cognition and functional outcomes in patients with heart failure: Results of a pilot study. *Heart Lung*, 44(2), 120-128. doi:10.1016/j.hrtlng.2014.12.004
6. Avendano-Cespedes, A., Garcia-Cantos, N., Gonzalez-Teruel, M. D., Martinez-Garcia, M., Villarreal-Bocanegra, E., Oliver-Carbonell, J. L., & Abizanda, P. (2016). Pilot study of a preventive multicomponent nurse intervention to reduce the incidence and severity of delirium in hospitalized older adults: MID-Nurse-P. *Maturitas*, 86, 86-94. doi:10.1016/j.maturitas.2016.02.002
7. Ayton, J., Howes, F., Hansen, E., & Nelson, M. (2015). Evaluating the prevention of premature cessation of exclusive breastfeeding in the general practice setting during the scheduled child immunisation consultation: a pilot study. *Australian Journal of Primary Health*, 21(3), 299-304. doi:10.1071/PY13152
8. Bagnasco, A., Calza, S., Petralia, P., Aleo, G., Fornoni, L., & Sasso, L. (2016). Investigating the use of Barrows Cards to improve self-management and reduce healthcare costs in adolescents with blood cancer: a pilot study. *Journal of Advanced Nursing*, 72(4), 754-758. doi:10.1111/jan.12883
9. Balakrishna, R., & Teixeira, M. (2015). Early intervention for increased antenatal anxiety associated with foetal development risk. *Community Practitioner*, 88(4), 42-46.
10. Bekhet, A. K., & Zauszniewski, J. A. (2016). The Effect of a Resourcefulness Training Intervention on Relocation Adjustment and Adaptive Functioning among Older Adults in Retirement Communities. *Issues in Mental Health Nursing*, 37(3), 182-189. doi:10.3109/01612840.2015.1087606
11. Bench, S., Day, T., Heelas, K., Hopkins, P., White, C., & Griffiths, P. (2015). Evaluating the feasibility and effectiveness of a critical care discharge information

- pack for patients and their families: a pilot cluster randomised controlled trial. *BMJ Open*, 5(11), e006852. doi:10.1136/bmjopen-2014-006852
12. Biddle, M. J., Lennie, T. A., Bricker, G. V., Kopec, R. E., Schwartz, S. J., & Moser, D. K. (2015). Lycopene dietary intervention: a pilot study in patients with heart failure. *Journal of Cardiovascular Nursing*, 30(3), 205-212. doi:10.1097/jcn.0000000000000108
 13. Biffl, S. E., & Biffl, W. L. (2015). Improving transitions of care for complex pediatric trauma patients from inpatient rehabilitation to home: an observational pilot study. *Patient Safety in Surgery*, 9. doi:10.1186/s13037-015-0078-1
 14. Bjersa, K., Jildenstaal, P., Jakobsson, J., Egardt, M., & Olsen, M. F. (2015). Adjunct High Frequency Transcutaneous Electric Stimulation (TENS) for Postoperative Pain Management during Weaning from Epidural Analgesia Following Colon Surgery: Results from a Controlled Pilot Study. *Pain Management Nursing*, 16(6), 944-950. doi:10.1016/j.pmn.2015.08.006
 15. Boitor, M., Martorella, G., Arbour, C., Michaud, C., & Gelinas, C. (2015). Evaluation of the preliminary effectiveness of hand massage therapy on postoperative pain of adults in the intensive care unit after cardiac surgery: a pilot randomized controlled trial. *Pain Management Nursing*, 16(3), 354-366.
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24. Carrico, A. W., Nation, A., Gomez, W., Sundberg, J., Dilworth, S. E., Johnson, M. O., . . . Rose, C. D. (2015). Pilot trial of an expressive writing intervention with HIV-positive methamphetamine-using men who have sex with men. *Psychology of Addictive Behaviors*, 29(2), 277-282. doi:10.1037/adb0000031
25. Chan, A. W., Yu, D. S., Choi, K. C., Lee, D. T., Sit, J. W., & Chan, H. Y. (2016). Tai chi qigong as a means to improve night-time sleep quality among older adults with cognitive impairment: a pilot randomized controlled trial. *Clinical Interventions in Aging*, 11, 1277-1286. doi:10.2147/cia.s111927
26. Chan, C. W. H., Lam, L. W., Li, C. K., Cheung, J. S. S., Cheng, K. K. F., Chik, K. W., . . . Tang, W. P. Y. (2015). Feasibility of psychoeducational interventions in managing chemotherapy-associated nausea and vomiting (CANV) in pediatric oncology patients. *European Journal of Oncology Nursing*, 19(2), 182-190. doi:10.1016/j.ejon.2014.09.002
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30. Chao Hsing, Y., Wei-Chun, L., Kwai-Ping Suen, L., Na-Jin, P., Wood, L. J., van Londen, G. J., & Bovbjerg, D. H. (2017). Auricular Point Acupressure to Manage Aromatase Inhibitor-Induced Arthralgia in Postmenopausal Breast Cancer Survivors: A Pilot Study. *Oncology Nursing Forum*, 44(4), 476-487. doi:10.1188/17.ONF.476-487
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