

Supplementary Material S1 - Other Sedative Medications, as listed in Bertisch et al. 2014

(1)

Prescription medications likely to cause clinically important sedating effects that are more often prescribed for non-sleep related indications.

A

acetaminophen/butalbital

acetaminophen/butalbital/caffeine

acetaminophen/butalbital/caffeine/codeine

acetaminophen/caffeine/chlorpheniramine maleate/

hydrocodone/phenylephrine

acetaminophen/caffeine/dihydrocodeine

acetaminophen/chlorpheniramine/phenylephrine/

phenyltoloxamine

acetaminophen/codeine

acetaminophen/dichloralphenazone/isometheptene

acetaminophen/hydrocodone

acetaminophen/oxycodone

acetaminophen/pentazocine

acetaminophen/phenyltoloxamine

acetaminophen/propxyphene

acetaminophen/tramadol

acetylcarbromal

acrivastine/pseudoephedrine

alprazolam
aminophylline/amobarbital/ephedrine
aminophylline/ephedrine/phenobarbital/potassium iodide
aminophylline/ephedrine/guaifenesin/phenobarbital
amitriptyline/chlordiazepoxide
anhydrous calcium iodide/codeine
aripiprazole
aspirin/butalbital
aspirin/butalbital/caffeine
aspirin/butalbital/caffeine/codeine
aspirin/caffeine/orphenadrine
aspirin/carisoprodol
aspirin/hydrocodone
aspirin/methocarbamol
aspirin/oxycodone
atropine/hyoscyamine/phenobarbital/scopolamine
atropine/phenobarbital

B

baclofen
belladonna
belladonna/butabarbital
belladonna/caffeine/ergotamine/pentobarbital
belladonna/ergotamine/phenobarbital

belladonna/opium

betamethasone/indomethasone/methocarbamol

biperiden

bromazepam

brompheniramine

brompheniramine/carbetapentane/phenylephrine

brompheniramine/codeine/phenylpropanolamine

brompheniramine/dextromethorphan/guaifenesin/phenylephrine

brompheniramine/dextromethorphan/guaifenesin/

pseudoephedrine

brompheniramine/dextromethorphan/phenylephrine

brompheniramine/dextromethorphan/phenylpropanolamine

brompheniramine/dextromethorphan/pseudoephedrine

brompheniramine/diphenhydramine/phenylephrine

brompheniramine/hydrocodone/phenylephrine

brompheniramine/hydrocodone/pseudoephedrine

brompheniramine/phenylephrine

brompheniramine/phenylpropanolamine

brompheniramine/pseudoephedrine

buprenorphine/naloxone

buspirone

butabarbital

butabarbital/hyoscyamine/phenazopyridine

butalbital

C

cannabis

carbamazepine

carbetapentane/chlorpheniramine

carbetapentane/chlorpheniramine maleate/ephedrine/

phenylephrine

carbetapentane/chlorpheniramine/phenylephrine

carbetapentane/phenylephrine/pyrilamine

carbinoxamine

carbinoxamine/dextromethorphan/pseudoephedrine

carbinoxamine/hydrocodone/pseudoephedrine

carbinoxamine/pseudoephedrine

carisoprodol

chlordiazepoxide

chlordiazepoxide-clidinium

chlordiazepoxide-methscopolamine

chlormezanone

chlorphenesin

chlorpheniramine

chlorpheniramine/codeine/pseudoephedrine

chlorpheniramine/dextromethorphan/guaifenesin/

phenylephrine

chlorpheniramine/dextromethorphan/phenylephrine
chlorpheniramine/dextromethorphan/pseudoephedrine
chlorpheniramine/dihydrocodeine/phenylephrine
chlorpheniramine/hydrocodone
chlorpheniramine/hydrocodone/phenylephrine
chlorpheniramine/hydrocodone/pseudoephedrine
chlorpheniramine/methscopolamine/phenylephrine
chlorpheniramine/methscopolamine/pseudoephedrine
chlorpheniramine/phenylephrine
chlorpheniramine/phenylephrine/phenylpropanolamine/
phenyltoloxamine
chlorpheniramine/phenylephrine/phenyltoloxamine
chlorpheniramine/phenylephrine/pyrilamine
chlorpheniramine/pseudoephedrine
chlorpromazine
chlorzoxazone

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SLEEP, Vol. 37, No. 2, 2014 349B Use of Prescription Medications for Insomnia—Bertisch et al

clemastine
clidinium

clonazepam

clorazepate

clozapine

codeine

codeine/guaifenesin

codeine/guaifenesin/pseudoephedrine

codeine/phenylephrine/promethazine

codeine/promethazine

cyclizine

cyclobenzaprine

ciproheptadine

D

dantrolene

dexbrompheniramine/hydrocodone/phenylephrine

dexbrompheniramine/pseudoephedrine

dexchlorpheniramine

dexchlorpheniramine/dextromethorphan/phenylephrine

dexchlorpheniramine/dextromethorphan/pseudoephedrine

dextromethorphan/diphenhydramine/phenylephrine

dextromethorphan/promethazine

diazepam

dichloralphenazone

dihydrocodeine/guaifenesin/pseudoephedrine

dimenhydrinate

diphenhydramine

diphenhydramine/hydrocodone/phenylephrine

diphenhydramine/phenylephrine

diphenhydramine/pseudoephedrine

divalproex sodium

doxacurium

dronabinol

droperidol

dyphylline/ephedrine/guaifenesin/phenobarbital

E

ephedrine/phenobarbital/potassium iodide/theophylline

ephedrine/hydroxyzine/theophylline

ephedrine/phenobarbital/theophylline

ethosuximide

F

fentanyl

fluoxetine/olanzapine

fluphenazine

G

gabapentin

guaifenesin/hydrocodone

guaifenesin/hydrocodone/pheniram/phenylpropanolamine/

pyrilamin

guaifenesin/hydrocodone/pheniramine/phenylephrine/

phenylpropanolamine

guaifenesin/hydrocodone/phenylephrine

guaifenesin/hydrocodone/pseudoephedrine

guaifenesin/phenylephrine/pyrilamine

H

haloperidol

homatropine/hydrocodone

hydrocodone

hydrocodone/ibuprofen

hydrocodone/pheniramine/phenylephrine/

phenylpropanolamine/pyrilamine

hydrocodone/phenylephrine

hydrocodone/phenylephrine/pyrilamine

hydrocodone/phenylephrine/pyrilamine

hydrocodone/phenylpropanolamine

hydrocodone/potassium guaiacolsulfonate

hydrocodone/pseudoephedrine

hydrocodone/pseudoephedrine/triprolidine

hydromorphone

hydroxyzine

hyoscyamine/phenobarbital

L

lamotrigine

levetiracetam

lithium

lorazepam

loxapine

M

meclizine

meperidine

meperidine/promethazine

mephobarbital

mesoridazine

metaxalone

methadone

methdilazine

methocarbamol

methotriimeprazine

methsuximide

metoclopramide

mivacurium

morphine

N

nabilone

O

olanzapine

opium

orphenadrine

oxazepam

oxcarbazepine

oxycodone

oxymorphone

P

pancuronium

pentazocine

perphenazine

phenindamine

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pheniramine

pheniramine/phenylephrine nasal

pheniramine/phenylpropanolamine/phenyltoloxamine/

pyrilamine

pheniramine/phenylpropanolamine/pyrilamine

pheniramine/phenyltoloxamine/pseudoephedrine/pyrilamine

pheniramine/phenyltoloxamine/pyrilamine

phenobarbital

phenylephrine/promethazine

phenylephrine/pyrilamine

phenyltoloxamine

phenytoin

pramipexole

pregabalin

prochlorperazine

prochlorperazine

promazine

promethazine

propiomazine

propoxyphene

pyrilamine

R

risperidone

ropinirole

S

scopolamine

succinylcholine

T

tapentadol

thiethylperazine

thioridazine

tiagabine

tizanidine

topiramate

tramadol

trifluoperazine

triflupromazine

trimeprazine

1. Bertisch SM, Herzig SJ, Winkelman JW, Buettner C. National use of prescription medications for insomnia: NHANES 1999-2010. *Sleep*. 2014;37:343-349.