

Supplementary Table 3.

*Quality Appraisal of the Cohort Studies Included in this Review (n = 2)*

Appraisal Questions		Studies	
		Ratanawongs et al., 2008	Willard-Grace et al., 2019
Q1	Were the two groups similar and recruited from the same population?	•	•
Q2	Were the exposures measured similarly to assign people to both exposed and unexposed groups?	?	•
Q3	Was the exposure measured in a valid and reliable way?	•	•
Q4	Were confounding factors identified?	•	•
Q5	Were strategies to deal with confounding factors stated?	•	•
Q6	Were the groups/participants free of the outcome at the start of the study (or at the moment of exposure)?	?	•
Q7	Were the outcomes measured in a valid and reliable way?	•	•
Q8	Was the follow up time reported and sufficient to be long enough for outcomes to occur?	•	•
Q9	Was follow up complete, and if not, were the reasons to loss to follow up described and explored?	?	•
Q10	Were strategies to address incomplete follow up utilized?	°	•
Q11	Was appropriate statistical analysis used?	•	•

Note. • = Yes; ° = No; ? = Unclear; N/A = Not Applicable; Q = Question;