

	<b>n</b>	<b>%</b>
<b>Context</b>		
Physical education (PE)	23	26.1
Sports	62	70.5
PE and sports	3	3.4
<b>Location</b>		
Africa	3	3.4
Asia	5	5.7
Australia	6	6.8
Europe	23	26.1
North America	46	52.3
South America	3	3.4
Cross-continental	2	2.3
<b>Design</b>		
Action research	1	1.1
Case study	4	4.5
Cross-sectional <sup>1</sup>	41	46.6
Longitudinal-observational	15	17.0
Pre-test, post-test, no control	7	8.0
Quasi-experimental	7	8.0
Experimental (true experiment)	7	8.0
Mixed	6	6.8
<b>Method</b>		
Quantitative	34	38.6
Qualitative	39	44.3
Mixed method	15	17.0
<b>Age group</b>		
Primary school (6-12 y)	18	20.5
Secondary school (12-18 y)	37	42.0
Primary and secondary school	32	36.4
Age range not specified	1	1.1
<b>Gender</b>		
Girls only	8	9.1
Boys only	12	13.6
Girls and boys	68	77.3

<sup>1</sup>Studies were labelled as cross-sectional when the data was collected from participants at one point in time (Lavrakas, 2008: 171)