

Supplementary Materials

Table A1. Item-level statistics for factor analysis on RCI, including means, standard deviations, and communalities.

Item	M (SD)	Communalities
1. I often read books and magazines about my faith.	2.15 (1.35)	0.63
2. I make financial contributions to my religious organization.	2.11 (1.38)	0.68
3. I spend time trying to grow in understanding of my faith.	2.37 (1.38)	0.76
4. Religion is especially important to me because it answers many questions about the meaning of life.	2.64 (1.52)	0.84
5. My religious beliefs lie behind my whole approach to life.	2.60 (1.53)	0.84
6. I enjoy spending time with others of my religious affiliation.	2.52 (1.46)	0.71
7. Religious beliefs influence all my dealings in life.	2.39 (1.48)	0.83
8. It is important to me to spend periods of time in private religious thought and reflection.	2.48 (1.49)	0.76
9. I enjoy working in the activities of my religious affiliation.	2.11 (1.37)	0.76
10. I keep well informed about my local religious group and have some influence in its decisions.	1.96 (1.27)	0.61

Note: Covariances and constrained path loadings marked by 'X'.

A. Religiosity

[illegible]

B. Prohedonic Motives

Item	Path loading constrained?	Covariance between error terms?					
		1	2	3	4	5	6
1. I try to think good thoughts no matter how badly I feel.		-					
2. Although I am sometimes sad, I have a mostly optimistic outlook.	X		-				
3. When I am upset I realize that the "good things in life" are illusions.			X	-			
4. When I become upset I remind myself of all the pleasures in life.					-		
5. Although I am sometimes happy, I have a mostly pessimistic outlook.	X		X	X		-	
6. No matter how badly I feel, I try to think about pleasant things.							-

C. Beliefs about controllability of emotion

Item	Path loading constrained?	Covariance between error terms?			
		1	2	3	4
1. No matter how hard they try, people can't really change the emotions that they have.		-			
2. Everyone can learn to control their emotions.			-		
3. The truth is, people have very little control over their emotions.	X			-	
4. If they want to, people can change the emotions that they have.					-

D. Self-efficacy beliefs

Item	Path loading constrained?	Covariance between error terms?			
		1	2	3	4
1. No matter how hard I try, I can't really change the emotions I have.		-			
2. I can learn to control my emotions.			-		
3. If I want to, I can change the emotions I have.	X			-	
4. The truth is, I have very little control over my emotions.		X			-

E. Instrumental social support

Item	Path loading constrained?	Covariance between error terms?			
		1	2	3	4
1. I try to get advice from someone about what to do.		-			
2. I talk to someone to find out more about the situation.			-		
3. I talk to someone who could do something concrete about the problem.				-	
4. I ask people who have had similar experiences what they did.					-

F. Emotional Social Support

Item	Path loading constrained?	Covariance between error terms?			
		1	2	3	4
1. I discuss my feelings with someone.		-			
2. I try to get emotional support from friends or relatives.			-		
3. I get sympathy and understanding from someone.	X			-	
4. I talk to someone about how I feel.					-

G. Cognitive reappraisal

Item	Path loading constrained?	Covariance between error terms?					
		1	2	3	4	5	6
1. When I want to feel more <i>positive</i> emotion (such as joy or amusement), I <i>change what I'm thinking about</i> .		-					
2. When I want to feel less <i>negative</i> emotion (such as sadness or anger), I <i>change what I'm thinking about</i> .		X	-				
3. When I'm faced with a stressful situation, I make myself <i>think about it</i> in a way that helps me stay calm.		X		-			
4. When I want to feel more <i>positive</i> emotion, I <i>change the way I'm thinking about</i> the situation.				X	-		
5. I control my emotions by <i>changing the way I think about</i> the situation I'm in.	X		X			-	
6. When I want to feel less <i>negative</i> emotion, I <i>change the way I'm thinking about</i> the situation.	X						-

H. Positive re-interpretation & growth

Item	Path loading constrained?	Covariance between error terms?			
		1	2	3	4
1. I try to grow as a person as a result of the experience.	X	-			
2. I try to see it in a different light, to make it seem more positive.			-		
3. I look for something good in what is happening.			X	-	
4. I learn something from the experience.					-

I. Acceptance

Item	Path loading constrained?	Covariance between error terms?			
		1	2	3	4
1. I get used to the idea that it happened.		-			
2. I accept that this has happened and that it can't be changed.			-		
3. I accept the reality of the fact that it happened.	X			-	
4. I learn to live with it.		X			-

J. Non-judgmentalism

Item	Path loading constrained?	Covariance between error terms?				
		1	2	3	4	5
1. I tell myself that I shouldn't be feeling the way I'm feeling.		-				
2. I make judgments about whether my thoughts are good or bad.			-			
3. I tell myself I shouldn't be thinking the way I'm thinking.	X			-		
4. I think some of my emotions are bad or inappropriate and I shouldn't feel them.					-	
5. I disapprove of myself when I have illogical ideas.					X	-

K. Rumination

Item	Path loading constrained?	Covariance between error terms?					
		1	2	3	4	5	6
1. My attention is often focused on aspects of myself I wish I'd stop thinking about		-					
2. Sometimes it is hard for me to shut off thoughts about myself		X	-				
3. I tend to "ruminate" or dwell over things that happen to me for a really long time afterward		X	X	-			
4. I don't waste time re-thinking things that are over and done with	X	X	X		-		
5. I never ruminate or dwell on myself for very long					X	-	
6. It is easy for me to put unwanted thoughts out of my mind	X						-

L. Expressive suppression

Item	Path loading constrained?	Covariance between error terms?			
		1	2	3	4
1. I keep my emotions to myself.		-			
2. When I am feeling <i>positive</i> emotions, I am careful not to express them.	X		-		
3. I control my emotions by <i>not expressing them</i> .				-	
4. When I am feeling <i>negative</i> emotions, I make sure not to express them.			X		-

M. Distraction

Item	Path loading constrained?	Covariance between error terms?					
		1	2	3	4	5	6
1. I call to mind positive images instead		-					
2. I occupy myself with work instead	X		-				
3. I think pleasant thoughts instead	X	X		-			
4. I do something I enjoy					-		
5. I think about something else						-	
6. I keep myself busy		X	X	X			-

N. Mental disengagement

Item	Path loading constrained?	Covariance between error terms?			
		1	2	3	4
1. I turn to work or other substitute activities to take my mind off things.		-			
2. I daydream about things other than this.	X		-		
3. I sleep more than usual.				-	
4. I go to movies or watch TV, to think about it less.					-

O. Experiential Avoidance

Item	Path loading constrained?	Covariance between error terms?						
		1	2	3	4	5	6	7
1. My painful experiences and memories make it difficult for me to live a life that I would value.		-						
2. I'm afraid of my feelings.			-					
3. I worry about not being able to control my worries and feelings.				-				
4. My painful memories prevent me from having a fulfilling life.	X	X			-			
5. Emotions cause problems in my life.						-		
6. It seems like most people are handling their lives better than I am.							-	
7. Worries get in the way of my success							X	-

P. Behavioral avoidance

Item	Path loading constrained?	Covariance between error terms?							
		1	2	3	4	5	6	7	8
1. I avoid attending social activities.		-							
2. I do not answer the phone in case people are calling with social invitations.	X		-						
3. I do not go out to events when I know there will be a lot of people I do not know.				-					
4. Instead of thinking about problems in my social life, I tell myself that I prefer to be alone.					-				
5. I find that I often want to leave social gatherings.						-			
6. I tend to make up excuses to get out of social activities.							-		
7. I turn down opportunities to socialize with the opposite sex.								-	
8. I tend to remain to myself during social gatherings or activities.	X					X			-

Table A3. *Predicting elements of emotion regulation with the Interpersonal Subscale of the RCI.*

A.

	Prohedonic motives		Beliefs about controllability of emotion		Self-efficacy		Instrumental social support		Emotional social support	
	Coeff.	SE	Coeff.	SE	Coeff.	SE	Coeff.	SE	Coeff.	SE
Interpersonal Religiosity	0.12**	0.04	0.12**	0.04	0.13**	0.04	0.12**	0.04	0.12**	0.04
Age	0.13***	0.04	-0.01	0.04	0.00	0.04	-0.08*	0.04	-0.04	0.04
Gender	0.15+	0.08	0.01	0.08	-0.07	0.08	0.25**	0.08	0.42***	0.08
Socioeconomic	0.21***	0.04	0.05	0.04	0.10*	0.04	0.04	0.04	0.07+	0.04
Israel (effect coded)	-0.10	0.17	-0.35*	0.18	-0.16	0.18	-0.08	0.18	-0.19	0.18
Turkey (effect coded)	-0.07	0.17	0.01	0.17	-0.16	0.17	0.43*	0.17	0.38*	0.17
Interpersonal Religiosity*Israel	0.05	0.05	0.20***	0.06	0.15*	0.06	-0.01	0.06	-0.05	0.06
Interpersonal Religiosity*Turkey	-0.08	0.06	-0.21***	0.06	-0.18**	0.06	-0.01	0.06	0.06	0.06
Age*Israel	-0.09+	0.05	0.04	0.06	-0.01	0.06	0.01	0.06	0.03	0.05
Age*Turkey	0.00	0.05	-0.06	0.06	-0.01	0.06	0.02	0.06	-0.03	0.05
Gender*Israel	0.18	0.11	0.24*	0.11	0.15	0.11	0.15	0.11	0.26*	0.11
Gender*Turkey	-0.10	0.11	-0.10	0.12	0.01	0.12	-0.22+	0.11	-0.27*	0.11
Socioeconomic*Israel	0.06	0.05	-0.08	0.06	0.00	0.06	-0.06	0.06	-0.01	0.06
Socioeconomic*Turkey	-0.13*	0.06	-0.08	0.06	-0.12*	0.06	-0.04	0.06	-0.08	0.06
R ²	0.14		0.08		0.07		0.08		0.11	

Note: + $p < .10$, * $p < .05$, ** $p < .01$, *** $p < .001$

B.

	Cognitive reappraisal		Positive re-interpretation & growth		Acceptance		Non-judgmentalism		Rumination	
	Coeff.	SE	Coeff.	SE	Coeff.	SE	Coeff.	SE	Coeff.	SE
Interpersonal Religiosity	0.16***	0.04	0.12**	0.04	0.12**	0.04	-0.06	0.04	-0.10*	0.04
Age	0.08*	0.04	0.02	0.04	0.04	0.04	0.13***	0.04	-0.21***	0.04
Gender	0.15+	0.08	0.05	0.08	0.00	0.08	-0.13+	0.07	0.12	0.08
Socioeconomic	0.12**	0.04	0.15***	0.04	0.08+	0.04	0.07*	0.04	-0.15***	0.04
Israel (effect coded)	-0.17	0.18	-0.16	0.18	-0.07	0.18	0.25	0.16	0.28	0.18
Turkey (effect coded)	-0.17	0.17	0.34*	0.17	-0.34*	0.18	-0.56***	0.16	0.07	0.17
Interpersonal Religiosity*Israel	-0.07	0.06	0.07	0.06	0.14*	0.06	0.04	0.05	-0.05	0.06
Interpersonal Religiosity*Turkey	0.06	0.06	-0.07	0.06	-0.07	0.06	-0.11*	0.05	0.03	0.06
Age*Israel	-0.06	0.06	-0.10+	0.06	0.03	0.06	-0.07	0.05	0.02	0.05
Age*Turkey	0.03	0.06	-0.03	0.06	-0.09	0.06	-0.07	0.05	0.03	0.05
Gender*Israel	0.05	0.11	0.14	0.11	0.06	0.11	0.03	0.1	-0.06	0.11
Gender*Turkey	0.06	0.11	-0.15	0.11	0.14	0.12	-0.05	0.1	-0.05	0.11
Socioeconomic*Israel	0.10+	0.06	0.01	0.06	-0.03	0.06	0.09+	0.05	-0.03	0.06
Socioeconomic*Turkey	-0.10+	0.06	-0.07	0.06	-0.06	0.06	-0.17**	0.05	0.07	0.06
R ²	0.08		0.08		0.06		0.25		0.11	

Note: + $p < .10$, * $p < .05$, ** $p < .01$, *** $p < .001$

C.

	Expressive suppression		Distraction		Mental disengagement		Experiential avoidance		Behavioral avoidance	
	Coeff.	SE	Coeff.	SE	Coeff.	SE	Coeff.	SE	Coeff.	SE
Interpersonal Religiosity	0.06	0.04	0.19***	0.04	0.02	0.04	-0.09*	0.04	-0.08*	0.04
Age	-0.02	0.04	0.03	0.04	-0.12**	0.04	-0.16***	0.04	-0.08*	0.04
Gender	-0.30***	0.08	0.20*	0.08	0.23**	0.08	0.16*	0.08	-0.08	0.08
Socioeconomic	-0.04	0.04	0.08*	0.04	-0.07+	0.04	-0.15***	0.04	-0.15***	0.04
Israel (effect coded)	-0.04	0.18	-0.22	0.18	-0.21	0.18	-0.04	0.17	-0.19	0.18
Turkey (effect coded)	0.08	0.17	0.15	0.17	0.34*	0.17	0.07	0.16	0.01	0.17
Interpersonal Religiosity*Israel	0.02	0.06	-0.06	0.06	-0.09	0.06	-0.03	0.05	0.10+	0.06
Interpersonal Religiosity*Turkey	0.12*	0.06	0.08	0.06	0.11*	0.06	0.04	0.05	0.07	0.06
Age*Israel	0.06	0.06	-0.09	0.06	0.06	0.05	0.12*	0.05	0.10+	0.05
Age*Turkey	0.01	0.06	0.12*	0.06	0.11*	0.05	-0.04	0.05	-0.06	0.05
Gender*Israel	-0.08	0.11	0.06	0.11	0.03	0.11	-0.14	0.11	-0.03	0.11
Gender*Turkey	0.15	0.11	0.01	0.11	0.03	0.11	0.23*	0.11	0.03	0.11
Socioeconomic*Israel	-0.02	0.06	0.09	0.06	-0.11*	0.06	-0.14**	0.05	-0.16**	0.06
Socioeconomic*Turkey	0.01	0.06	-0.18**	0.06	0.07	0.06	0.24***	0.05	0.18**	0.06
R ²	0.11		0.09		0.12		0.18		0.12	

Note: + $p < .10$, * $p < .05$, ** $p < .01$, *** $p < .001$

Table A4. *Predicting elements of emotion regulation with the Intrapersonal Subscale of the RCI.*

A.

	Prohedonic motives		Beliefs about controllability of emotion		Self-efficacy		Instrumental social support		Emotional social support	
	Coeff.	SE	Coeff.	SE	Coeff.	SE	Coeff.	SE	Coeff.	SE
Intrapersonal Religiosity	0.12**	0.04	0.07+	0.04	0.12**	0.04	0.13**	0.04	0.10*	0.04
Age	0.12**	0.04	-0.01	0.04	0.01	0.04	-0.08*	0.04	-0.04	0.04
Gender	0.14+	0.08	0.00	0.08	-0.08	0.08	0.25**	0.08	0.41***	0.08
Socioeconomic	0.22***	0.04	0.06	0.04	0.11**	0.04	0.05	0.04	0.08*	0.04
Israel (effect coded)	-0.12	0.17	-0.35+	0.18	-0.17	0.18	-0.10	0.18	-0.19	0.18
Turkey (effect coded)	-0.09	0.17	0.00	0.17	-0.17	0.17	0.43*	0.17	0.38*	0.17
Intrapersonal Religiosity*Israel	0.03	0.06	0.21***	0.06	0.17**	0.06	0.00	0.06	-0.03	0.06
Intrapersonal Religiosity*Turkey	-0.12*	0.06	-0.20***	0.06	-0.19***	0.06	0.01	0.06	0.05	0.06
Age*Israel	-0.08	0.05	0.05	0.06	0.00	0.06	0.01	0.06	0.04	0.06
Age*Turkey	0.00	0.05	-0.07	0.06	-0.01	0.06	0.02	0.06	-0.03	0.06
Gender*Israel	0.19+	0.11	0.24*	0.11	0.16	0.11	0.16	0.11	0.27*	0.11
Gender*Turkey	-0.09	0.11	-0.10	0.12	0.02	0.12	-0.22+	0.11	-0.27*	0.11
Socioeconomic*Israel	0.06	0.05	-0.08	0.06	0.00	0.06	-0.06	0.06	-0.01	0.06
Socioeconomic*Turkey	-0.12*	0.06	-0.09	0.06	-0.13*	0.06	-0.05	0.06	-0.08	0.06
R ²	0.14		0.07		0.07		0.08		0.11	

Note: + $p < .10$, * $p < .05$, ** $p < .01$, *** $p < .001$

B.

	Cognitive reappraisal		Positive re-interpretation & growth		Acceptance		Non-judgmentalism		Rumination	
	Coeff.	SE	Coeff.	SE	Coeff.	SE	Coeff.	SE	Coeff.	SE
Intrapersonal Religiosity	0.15***	0.04	0.15***	0.04	0.10*	0.04	-0.08*	0.04	-0.08*	0.04
Age	0.07+	0.04	0.02	0.04	0.05	0.04	0.13***	0.04	-0.21***	0.04
Gender	0.14+	0.08	0.04	0.08	-0.01	0.08	-0.14+	0.07	0.12	0.08
Socioeconomic	0.12**	0.04	0.15***	0.04	0.08*	0.04	0.07*	0.04	-0.16***	0.04
Israel (effect coded)	-0.18	0.18	-0.18	0.18	-0.07	0.18	0.27+	0.16	0.29	0.18
Turkey (effect coded)	-0.18	0.17	0.32+	0.17	-0.35*	0.18	-0.56***	0.16	0.07	0.17
Intrapersonal Religiosity*Israel	-0.08	0.06	0.03	0.06	0.14*	0.06	0.02	0.05	-0.06	0.06
Intrapersonal Religiosity*Turkey	0.06	0.06	-0.07	0.06	-0.09	0.06	-0.09+	0.05	0.06	0.06
Age*Israel	-0.05	0.06	-0.09	0.06	0.04	0.06	-0.08	0.05	0.01	0.06
Age*Turkey	0.03	0.06	-0.03	0.06	-0.10+	0.06	-0.07	0.05	0.03	0.05
Gender*Israel	0.05	0.11	0.15	0.11	0.06	0.12	0.02	0.1	-0.06	0.11
Gender*Turkey	0.07	0.11	-0.13	0.11	0.14	0.12	-0.04	0.1	-0.05	0.11
Socioeconomic*Israel	0.09	0.06	0.02	0.06	-0.03	0.06	0.08	0.05	-0.03	0.06
Socioeconomic*Turkey	-0.10+	0.06	-0.08	0.06	-0.06	0.06	-0.17**	0.05	0.07	0.06
R ²	0.08		0.08		0.05		0.25		0.11	

Note: + $p < .10$, * $p < .05$, ** $p < .01$, *** $p < .001$

C.

	Expressive suppression		Distraction		Mental disengagement		Experiential avoidance		Behavioral avoidance	
	Coeff.	SE	Coeff.	SE	Coeff.	SE	Coeff.	SE	Coeff.	SE
Intrapersonal Religiosity	0.08*	0.04	0.16***	0.04	0.01	0.04	-0.04	0.04	-0.03	0.04
Age	-0.02	0.04	0.02	0.04	-0.12**	0.04	-0.16***	0.04	-0.08*	0.04
Gender	-0.29***	0.08	0.19*	0.08	0.23**	0.08	0.17*	0.08	-0.06	0.08
Socioeconomic	-0.04	0.04	0.09*	0.04	-0.07+	0.04	-0.16***	0.04	-0.15***	0.04
Israel (effect coded)	-0.04	0.18	-0.21	0.18	-0.22	0.18	-0.04	0.17	-0.20	0.18
Turkey (effect coded)	0.09	0.17	0.14	0.17	0.35*	0.17	0.07	0.16	0.03	0.17
Intrapersonal Religiosity*Israel	0.01	0.06	-0.10+	0.06	-0.06	0.06	-0.06	0.05	0.13*	0.06
Intrapersonal Religiosity*Turkey	0.14*	0.06	0.09	0.06	0.07	0.06	0.07	0.05	0.05	0.06
Age*Israel	0.07	0.06	-0.08	0.06	0.06	0.05	0.11*	0.05	0.10+	0.05
Age*Turkey	0.00	0.05	0.11*	0.06	0.11*	0.05	-0.03	0.05	-0.07	0.05
Gender*Israel	-0.08	0.11	0.06	0.11	0.04	0.11	-0.14	0.11	-0.03	0.11
Gender*Turkey	0.15	0.11	0.02	0.11	0.02	0.11	0.23*	0.11	0.02	0.11
Socioeconomic*Israel	-0.01	0.06	0.08	0.06	-0.12*	0.06	-0.13*	0.05	-0.14*	0.06
Socioeconomic*Turkey	0.00	0.06	-0.18**	0.06	0.08	0.06	0.23***	0.05	0.18**	0.06
R ²	0.11		0.08		0.12		0.18		0.12	

Note: + $p < .10$, * $p < .05$, ** $p < .01$, *** $p < .001$