

**Supplementary Material.** The original 60-item set with theoretical origins from Ruch et al. (1996).

Facet	N <sub>i</sub>	Description	Example Item
CH1	5	Prevalence of cheerful mood	I am a merry person.
CH2	3	Low threshold for smiling and laughter	I often smile.
CH3	4	Composed view of adverse life circumstances	Many adversities of everyday life actually do have a positive side.
CH4	4	Broad range of active elicitors of cheerfulness and smiling/laughter	I often find that the small things in everyday life are really funny and amusing.
CH5	4	Generally cheerful interaction style	I like to kid around with others.
SE1	5	Prevalence of serious states	I am a serious person.
SE2	3	Perception of even everyday happenings as important and taking it into consideration thoroughly and intensively (rather than treating them superficial)	Even seemingly trivial things have to be treated seriously and responsibly.
SE3	4	Tendency to plan ahead and set long-range goals (and attaining the closest possible harmony with these goals in every action and decision)	I plan my actions and make my decisions so that they are useful to me in the long run.
SE4	4	Tendency to prefer activities for which concrete, rational reasons can be produced (thereby considering activities which don't have a specific goal as a waste of time and nonsense)	I try to spend my free time doing things as useful as possible.
SE5	4	Preference for a sober, object-oriented communication style	I prefer people who communicate with deliberation and objectivity.
BM1	5	Prevalence of bad mood	I am often in a bad mood.
BM2	6	Prevalence of sadness	Sometimes I am distressed for a very long time.
BM3	3	Sad and ill-humoured behavior in cheerfulness evoking situations, the attitudes toward such situations and the objects, persons, and roles involved	When I am distressed, even a very funny thing fails to cheer me up.
BM4	6	Prevalence of ill-humoredness	I am often sullen.

Note. N<sub>i</sub> = number of items. Compared to the STCI-106, the STCI-60 did not retain any items from Facet 6 of Seriousness. Similar to Chen et al. (2017) BM3 and BM5 have been reduced to 1 single facet in BM3 as few items were retained from the facet and both of these formulations related to non-cheerful behaviours and attitudes.