

Items	Possible Responses (score)	
	Yes = 1	No = 0
1. Do you feel sad for most of the day?		
2. Do you feel so sad that you feel like crying?		
3. Do you have thoughts that you would be better off dead?		
4. Do you have little interest or pleasure in doing things?		
5. Do you feel disappointed in yourself or do you blame yourself?		
6. Do you feel like you have lost confidence in yourself?		
7. Do you feel like you want to be left alone?		
8. Do you feel worthless?		
9. Do you feel like you are unable to concentrate?		
10. Do you feel forgetful?		
11. Do you feel mentally slow or sluggish?		
12. Do you feel like you are moving or speaking still slowly that other people noticed?		
13. Do you feel tired or have little energy?		
14. Do you have lack of/decreased appetite?		
15. Do you have trouble falling or staying asleep, or sleeping too much?		