

**Table S12.** Mean scores (and standard deviations) of NPT-ES in each treatment condition. Results of Mann-Whitney tests and effect sizes.

	A	B	<i>U</i>	<i>z</i>	<i>p</i>	<i>r</i>	Participant	A	B	<i>U</i>	<i>z</i>	<i>p</i>	<i>r</i>
Total NPT-ES	11.83 (0.98)	14.29 (0.30)	.000	-3.784	.000	-.85	1	12.78 (1.15)	14.30 (0.50)	6.00	-3.351	.000	-.75
							2	9.83 (1.86)	14.02 (0.71)	.50	-3.753	.000	-.84
							3	12.88 (1.32)	14.55 (0.42)	7.50	-3.237	.000	-.72
Participation	2.43 (0.21)	2.80 (0.09)	3.500	-3.564	.000	-.80	1	2.93 (0.24)	3.00 (0.00)	45.00	-1.000	.739	-.22
							2	1.63 (0.38)	2.45 (0.23)	2.00	-3.702	.000	-.83
							3	2.75 (0.26)	2.95 (0.11)	27.00	-1.982	.089	-.44
Pleasure	1.73 (0.28)	2.75 (0.10)	.000	-3.814	.000	-.85	1	1.73 (0.38)	2.65 (0.29)	2.00	-3.663	.000	-.82
							2	1.47 (0.52)	2.90 (0.17)	.00	-3.872	.000	-.87
							3	2.00 (0.42)	2.70 (0.26)	7.50	-3.265	.000	-.73
Relationship with others	2.78 (0.17)	2.95 (0.04)	19.000	-2.432	.019	-.54	1	2.85 (0.21)	2.90 (0.13)	46.00	-0.347	.796	-.08
							2	2.93 (0.12)	3.00 (0.00)	35.00	-1.831	.280	-.41
							3	2.55 (0.35)	2.95 (0.11)	18.00	-2.662	.015	-.60
Displeasure	2.33 (0.30)	2.85 (0.10)	1.500	-3.698	.000	-.83	1	2.38 (0.43)	2.75 (0.20)	21.50	-2.213	.029	-.49
							2	1.80 (0.73)	2.80 (0.28)	6.50	-3.361	.000	-.75
							3	2.80 (0.26)	3.00 (0.00)	30.00	-2.179	.143	-.49
Rejection	2.56 (0.20)	2.94 (0.10)	5.000	-3.470	.000	-.78	1	2.90 (0.17)	3.00 (0.00)	35.00	-1.826	.280	-.41
							2	2.00 (0.41)	2.88 (0.18)	2.50	-3.666	.000	-.82
							3	2.77 (0.32)	2.95 (0.16)	31.00	-1.776	.165	-.40

Note: The values are the mean of the NPT-ES scores coded by four coders in each phase. A higher mean reflects a better experience during the session. A = Baseline; B = DAT.