

Supplementary Table: Mean and SD values of the two flow subscales (*fluency of performance* and *absorption by activity*) and the individual flow items for each rhythmic complexity group (low, medium, and high complexity). Ratings given after both tapping blocks were combined.

	Low complexity rhythms		Medium complexity rhythms		High complexity rhythms	
	Mean	SD	Mean	SD	Mean	SD
Fluency of performance	5.37	0.74	5.22	0.78	5.04	1.08
Absorption by activity	4.99	0.93	4.56	0.86	5.10	0.78
Item 01	5.10	1.22	4.44	1.14	5.02	1.13
Item 02	5.36	1.04	5.13	0.98	4.81	1.57
Item 03	5.26	1.32	4.94	1.25	5.35	1.14
Item 04	5.12	1.06	4.81	0.84	4.88	1.30
Item 05	4.93	1.14	4.73	1.03	4.71	1.62
Item 06	5.64	1.04	5.13	1.11	5.52	1.05
Item 07	5.31	1.11	5.19	1.15	5.10	1.24
Item 08	5.79	0.92	5.75	1.01	5.58	1.22
Item 09	5.69	0.94	5.71	1.19	5.15	1.23
Item 10	3.98	1.16	3.73	1.09	4.50	1.29

Item 01: I feel just the right amount of challenge. ^

Item 02: My thoughts/activities run fluidly and smoothly. *

Item 03: I don't notice time passing. ^

Item 04: I have no difficulty concentrating. *

Item 05: My mind is completely clear. *

Item 06: I am totally absorbed in what I am doing. ^

Item 07: The right thoughts/movements occur of their own accord. *

Item 08: I know what I have to do each step of the way. *

Item 09: I feel that I have everything under control. *

Item 10: I am completely lost in thought. ^

^ Absorption by activity

* Fluency of performance