

The Cannabinoid Eating Experience Questionnaire (CEEQ)

Please indicate how much you agree with the statements, or with what frequency a particular experience occurs, when you use cannabis

1. Foods that I wouldn't normally eat become more appealing. Always / Most of the time / Sometimes / Rarely / Never
2. Foods taste different to me. Always / Most of the time / Sometimes / Rarely / Never
3. I feel hungrier. Always / Most of the time / Sometimes / Rarely / Never
4. I eat more than usual. Always / Most of the time / Sometimes / Rarely / Never
5. If I have already eaten a filling meal, I find myself wanting to eat again sooner than usual. Always / Most of the time / Sometimes / Rarely / Never
6. Food tastes better. Always / Most of the time / Sometimes / Rarely / Never
7. I like food more. Never / Rarely / Sometimes / Most of the time / Always
8. The sensation of chewing and swallowing food is enhanced. Never / Rarely / Sometimes / Most of the time / Always
9. The smell of food is enhanced. Never / Rarely / Sometimes / Most of the time / Always
10. I start to eat even though I feel full. Never / Rarely / Sometimes / Most of the time / Always
11. The experience of eating is better in every way. Never / Rarely / Sometimes / Most of the time / Always
12. Even if I don't feel hungry, when I taste something it is so good I want more. Strongly agree / Agree / Neither agree nor disagree / disagree / Strongly disagree
13. When I start to eat I can't stop. Strongly agree / Agree / Neither agree nor disagree / disagree / Strongly disagree
14. If the thought of food enters my head, I suddenly have the desire to eat. Strongly agree / Agree / Neither agree nor disagree / disagree / Strongly disagree
15. If someone mentions food I want to eat. Strongly agree / Agree / Neither agree nor disagree / disagree / Strongly disagree
16. If I see food, I want to eat. Strongly agree / Agree / Neither agree nor disagree / disagree / Strongly disagree
17. I continue to eat despite being full/uncomfortable. Strongly agree / Agree / Neither agree nor disagree / disagree / Strongly disagree
18. I am surprised by how much I eat. Strongly agree / Agree / Neither agree nor disagree / disagree / Strongly disagree
19. I feel hungry all the time. Strongly disagree / Disagree / Neither disagree nor agree / Agree / Strongly agree
20. No matter how much I eat, I don't feel full. Strongly disagree / Disagree / Neither disagree nor agree / Agree / Strongly agree
21. I would rather eat than do anything else. Strongly disagree / Disagree / Neither disagree nor agree / Agree / Strongly agree
22. Flavours are more complex. Strongly agree / Agree / Neither agree nor disagree / disagree / Strongly disagree
23. Tastes/flavours are more intense. Strongly agree / Agree / Neither agree nor disagree / disagree / Strongly disagree
24. I can distinguish more flavours. Strongly agree / Agree / Neither agree nor disagree / disagree / Strongly disagree
25. Food is more delicious. Strongly agree / Agree / Neither agree nor disagree / disagree / Strongly disagree
26. Food is more satisfying. Strongly agree / Agree / Neither agree nor disagree / disagree / Strongly disagree
27. Temperature sensations are more pleasant. Strongly disagree / Disagree / Neither disagree nor agree / Agree / Strongly agree
28. Texture/mouthfeel is more pleasant. Strongly disagree / Disagree / Neither disagree nor agree / Agree / Strongly agree

All answers should be given a score of 1 -5 from left to right. Items, 1, 2, 3, 4, 5, 6, 12, 13, 14, 15, 16, 17, 18, 22, 23, 24, 25 and 26 should be recoded before analysis (should be scored from 5-1 left – right).

Items 1, 2, 6, 7, 8, 9, 11, 22, 23, 24, 25, 26, 27, and 28 relate to the hedonic subscale

Items 3, 4, 5, 10, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, relate to the appetitive subscale.

A high score on total CEEQ and subscales is indicative of a greater cannabis related appetite effect.