Appendix A *Main Effects of Parent Gender (with Father as a Reference Category) and Interaction Effects with Posttest and Follow-up*

	B (SE)	F	Cohen's d		B (SE)	F	Cohen's d
Mind-mindedness				**Externalizing problems**			
Father	-0.03 (0.03)	1.57	-0.23	Father	-2.32 (1.23)	3.56	-0.22
Father ^{x} posttest	0.01 (0.04)	0.06	0.06	Father ^{x} posttest	2.10 (1.70)	1.16	0.16
Father ^{x} follow-up	0.02 (0.04)	0.25	0.12	Father ^{x} follow-up	1.09 (1.77)	1.26	0.17
Positive MM				**Internalizing problems**			
Father	-0.01 (0.02)	0.24	-0.09	Father	-3.60 (1.38)	6.77**	-0.35
Father ^{x} posttest	-0.01 (0.03)	0.00	-0.00	Father ^{x} posttest	0.19 (1.70)	0.01	0.02
Father ^{x} follow-up	-0.01 (0.03)	0.03	-0.04	Father ^{x} follow-up	1.96 (1.69)	1.36	0.19
Negative MM				**Avoidant attachment**			
Father	-0.02 (0.02)	1.27	-0.21	Father	2.24 (0.89)	6.29**	0.39
Father ^{x} posttest	0.01 (0.02)	0.24	0.12	Father ^{x} posttest	-0.13 (1.10)	0.02	-0.02
Father ^{x} follow-up	0.01 (0.02)	0.30	0.14	Father ^{x} follow-up	-0.32 (1.18)	0.07	-0.05
Sensitivity				**Ambivalent attachment**			
Father	0.07 (0.16)	0.00	0.06	Father	-1.68 (0.79)	4.52*	-0.35
Father ^{x} posttest	0.21 (0.20)	1.06	0.18	Father ^{x} posttest	1.63 (0.88)	3.40	0.34
Father ^{x} follow-up	-0.18 (0.20)	0.84	-0.16	Father ^{x} follow-up	1.88 (0.95)	2.97†	0.32
Parenting Stress				**Disorganized attachment**			
Father	-3.48 (1.49)	5.41*	-0.38	Father	-1.52 (0.77)	4.43*	-0.30
Father ^{x} posttest	2.20 (1.47)	2.23	0.24	Father ^{x} posttest	0.20 (0.77)	0.07	0.04
Father ^{x} follow-up	1.93 (1.53)	1.60	0.21	Father ^{x} follow-up	0.18 (0.83)	0.05	0.03

Note. MM = mind-mindedness, B = the unstandardized parameter coefficient of the posttest and follow-up relative to the pretest, SE = standard error of parameter estimate, † = $p < .1$, * = $p < .05$, ** = $p < .01$, *** = $p < .001$. The label Father presents main effects of fathers compared to mother, taken all measurement times together. The label Father x posttest indicates whether the pre- to posttest changes were different for fathers compared to mothers, the label Father x follow-up indicates whether effects were the pretest to follow-up changes were different for fathers compared to mothers