SUPPLEMENTARY

Supplementary Table 1 Search term translation example

Query translation:

(("endoscopy"[MeSH Terms] OR "endoscopy"[All Fields] OR "endoscopic"[All Fields]) OR (minimally[All Fields] AND invasive[All Fields])) AND (open[All Fields] OR traditional[All Fields] OR external[All Fields]) AND (sinonasal[All Fields] OR ("nasopharynx"[MeSH Terms] OR "nasopharynx"[All Fields] OR "nasopharyngeal"[All Fields]))

Direct translations:

endoscopic	"endoscopy"[MeSH Terms] OR "endoscopy"[All Fields] OR "endoscopic"[All Fields]
nasopharyngeal	"nasopharynx"[MeSH Terms] OR "nasopharynx"[All Fields] OR "nasopharyngeal"[All Fields]

Supplementary Table 2

Newcastle-Ottawa Score Assessment 19

The criteria for quality assessment consist of eight criteria, which can be answered as either present/implied (*) or absent (.). The criteria, with maximum score in brackets, are:

Selection

- 1. Representativeness of Cohort (*)
- 2. Selection of Nonexposed (*)
- 3. Cohort Ascertainment of Exposure (*)
- 4. Outcome of Interest (*)

Comparability

5. Comparability of Cohorts (**)

Outcome

- 6. Assessment of Outcome (*)
- 7. Adequate Duration of Follow-up (*)
- 8. Adequate Follow-up of Cohort (*)

The results for each study are displayed below.

	Criteria									
Study	1	2	3	4	5	6	7	8	Score	Quality
Hagemann et al. 2018	*	*	*	*	**	*	*	*	9	Good
Huang et al. 2018	*		*	*	*	*	*	*	7	Good
Fu et al. 2017	*	*	*	*	*	*		*	7	Good
Farquhar et al. 2016	*	*	*	*	*	*	*	*	8	Good
Mortuaire et al. 2016	*	*	*	*	**	*	*	*	9	Good
Naunheim et al.2016	*	*	*	*	*	*		*	7	Good
Bhayani et al. 2014	*	*	*	*	**	*	*	*	8	Good
Guo et al. 2014	*	*	*	*	**	*	*		8	Good
Saedi et al. 2014	*	*	*	*	**	*		*	8	Good
Arnold et al. 2012	*	*	*	*	**	*	*	*	9	Good

Good quality: 3 or 4 stars in selection domain AND 1 or 2 stars in comparability domain AND 2 or 3 stars in outcome/exposure domain.

Fair quality: 2 stars in selection domain AND 1 or 2 stars in comparability domain AND 2 or 3 stars in outcome/exposure domain.

Poor quality: 0 or 1 star in selection domain OR 0 stars in comparability domain OR 0 or 1 stars in outcome/exposure domain.