

Supplemental Table 1. Univariate associations between the outcome of BMI Z-score and given covariates.

Covariate	Estimate from Univariate Model	95% CI	p-value
Internal T-score	-0.006	(-0.022,0.011)	0.507
External T-score	0.004	(-0.013,0.022)	0.625
Sleep Problems T-score	-0.008	(-0.033,0.017)	0.526
ISCI T-score	-0.001	(-0.020,0.018)	0.913
FI T-score	-0.003	(-0.022,0.017)	0.798
EMI T-score	-0.006	(-0.024,0.012)	0.508
Food Approach	0.390	(0.061,0.719)	0.021
Food Avoid	-0.536	(-0.871,-0.201)	0.002

Note: Each row represents a separate test of BMI Z-score ~ covariate. Only Food Approach and Food Avoid have $p < 0.05$ without any corrections taken for multiple testing.

Supplemental Table 2. Univariate associations between the outcome of obese/overweight vs. normal weight (obese/overweight=1) and given covariates.

Covariate	OR from Univariate Model	95% CI	p-value
Internal T-score	0.990	(0.952,1.028)	0.598
External T-score	0.985	(0.944,1.027)	0.491
Sleep Problems T-score	0.972	(0.901,1.033)	0.412
ISCI T-score	0.983	(0.934,1.029)	0.483
FI T-score	0.982	(0.930,1.029)	0.476
EMI T-score	0.986	(0.940,1.028)	0.517
Food Approach	3.408	(1.509,8.230)	0.004
Food Avoid	0.391	(0.154,0.923)	0.039

Note: Each row represents a separate test of (obese/overweight) ~ covariate. Only Food Approach and Food Avoid have $p < 0.05$ without any corrections taken for multiple testing.

