Supplemental Table S2. Overall opinion of therapists and suggestions for improvement regarding the teletreatment

Theme mentioned by therapists (N/%)	Example statements
Perceived benefits (8/80.0)	
▪ Practicability	▪ *The mirror is somewhat bulky, using the tablet is much more practical* (Male, 37 yrs)
▪ Mobility and independence of user	▪ *In our clinic, we always have too little space and internet connection is not everywhere available; with the tablet I can go wherever I want* (Female, 54 yrs)
▪ Work-life balance	▪ *The advantage for me was that I could also use the teletreatment at home, which was favourable for my work-life balance* (Female, 48 yrs)
▪ Self-efficacy	▪ *It is great to provide the patient with a tool, which enables him to take more responsibility and to get more independent* (Female, 57 yrs)
▪ Pain	▪ *You immediately saw that the patient had benefit and didn't suffer anymore that much from the pain* (Female, 57 yrs)
	▪ *It particularly motivates younger patients who are used to these kind of media* (Female, 54 yrs)
▪ Motivation and empowerment of patients	▪ *Patients appreciated that they were actively involved in the design of the platform and the selection of exercises* (Female, 54 yrs)
▪ Sign of quality and innovation	▪ *My portfolio and skills improved by using the technology and this was well received by patients* (Female, 57 yrs)
	▪ *For me as therapist it is quite „cool" to work with it, you keep up with the times* (Female, 48 yrs)
Creating a long-term relationship with patients (5/50.0)	▪ *You can better supervise patients' self-management on the long-term, remind them what they can do themselves and control their training* (Female, 28 yrs)
	▪ *It's an easy way to communicate with patients and to stay in contact* (Female, 57 yrs)
Aspects related to digital exercise programs (5/50.0)	
▪ Tailoring	▪ *Every patient was different regarding which exercises had effect; the diversification of exercises enabled a tailored treatment program* (Female, 57 yrs)
▪ Access to treatment programs	▪ *By using the teletreatment many patients could easier access mental practice and relaxation exercises, which normally is a bit more difficult for them* (Female, 48 yrs)
▪ Vividness/realism	▪ *I was astonished by how real the image of the missing limb on the tablet was* (Male, 54 yrs)
Design and usability (4/40.0)	▪ *I got used to it very quickly, it was very easy to use* (Male, 42 yrs)
	▪ *The set-up and design was clear and descriptive* (Female, 50 yrs)
	▪ *I enjoyed using it as the design was very lovely and appealing* (Female, 48 yrs)
Technical problems (8/80.0)	
▪ Internet access	▪ *The physiotherapy department at our clinic is in the basement and I had some problems using the tablet because there is no Wi-Fi available and mobile Internet was too bad* (Male, 42 yrs)
▪ Bugs	▪ *In the beginning the program was somewhat unstable and crashed sometimes* (Female, 50 yrs)
Training of the users (5/50.0)	
▪ Intensity of training	▪ *I need to work with it more regularly to get more confident* (Female, 54 yrs)

▪ Timing of training	▪ *It would be useful to have one weekly meeting with other therapists and someone from the project team to discuss topics and provide feedback* (Female, 48 yrs)
▪ Introduction patients to teletreatment	▪ *Now, we were trained before the trial started, but the first patient started 8 weeks later; because we treated just a few patients we didn't exactly know how it worked anymore* (Male, 54 yrs)
	▪ *For some (older) patients 5-6 sessions would have been useful to introduce them sufficiently, otherwise they are afraid of doing something wrong* (Female, 57 yrs)
Selection of eligible patients (3/30.0)	▪ *Geriatric patients with impaired cognitive functions were a bit overstrained* (Female, 54 yrs)
	▪ *Ideally patients should already have some computer literacy and get familiar with the technology quickly* (Female, 57 yrs)
Suggestions for improvement (3/30.0)	
Enhance exercise programs	▪ *Some exercises were shown quite plain. The program could be enhanced by more detailed tasks using different levels, scores and functional exercises* (Female, 28 yrs)
Peer support	▪ *Younger patients could instruct older ones how to use the platform* (Female, 57 yrs)
Incorporate online community moderator	▪ *A moderator of the patient chat would be useful, as some patients wanted to get in contact, but response was limited* (Female, 57 yrs)