

Appendix B. Baseline characteristics of older adults randomized to the I-STAND sedentary behavior intervention or Health Living control group.

Characteristic	Total	I-STAND	Control
Age, mean (SD)	68.4 (4.9)	69.0 (4.7)	67.8 (5.2)
Gender n (%)			
Male	19 (32)	9 (31)	10 (32)
Female	41 (68)	20 (69)	21 (68)
Race/ethnicity n (%)			
White	52 (87)	28 (97)	24 (77)
Black	5 (8)	1 (4)	4 (13)
American Indian/Alaska Native	2 (3)	0 (0)	2 (6)
Native Hawaiian/ Pacific Islander	1 (2)	0 (0)	1 (3)
Ethnicity n (%)			
Hispanic	1 (2)	0 (0)	1 (3)
Non-Hispanic	57 (95)	28 (97)	29 (94)
Education n (%)			
College or higher	46 (77)	22 (76)	24 (77)
Less than college	14 (23)	7 (24)	7 (23)
Retired n (%)	42 (70)	21 (72)	21 (68)
Body mass index (BMI), mean (SD)	36.3 (5.0)	36.6 (6.1)	36.0 (3.8)