

Appendix

Table A1

Distribution of NSSI Frequency At Each Timepoint

Frequency	T1 (N=99)	T2 (N=76)	T3 (N=49)
Never ('None' since last assessment at T2, T3)	22 (22.2%)	15 (19.7%)	6 (12.2%)
Few time a year	20 (20.2%)	8 (10.5%)	7 (26.5%)
Every few months	7 (7.1%)	9 (11.8%)	5 (36.7%)
Monthly	12 (12.1%)	7 (7.1%)	7 (14.3%)
Weekly	23 (23.2%)	19 (19.2%)	11 (22.4%)
Daily	11 (11.1%)	12 (12.1%)	12 (24.2%)
Many times per day	4 (4%)	6 (7.9%)	1 (2%)

Table A2

Parameter Estimates and Confidence Intervals for Overall Model

	Baseline		6 Months		2.5 Years	
	Intercept (T1) B (SE)	Predictor (T1) B (SE)	Intercept (T2) B (SE)	Predictor (T2) B (SE)	Intercept (T3) B (SE)	Predictor (T3) B (SE)
<u>Baseline</u>						
<u>Predictors</u>						
Age	8.26 (2.28)	-0.36 (0.14)	7.37 (2.40)	-0.28 (0.15)	6.85 (2.62)	-0.24 (0.16)
DER	-0.48 (0.84)	0.28 (0.008)	0.23 (0.85)	0.024 (0.008)	0.98 (1.39)	0.019 (0.012)
YSR						
<i>Internalizi</i>		0.065		0.061		0.052
<i>ng</i>	-3.03 (1.32)	(0.019)	-3.06 (1.46)	(0.020)	0.89 (1.97)	(0.025)
<i>Externaliz</i>		0.023		0.034		0.011
<i>ing</i>		(0.015)		(0.016)		(0.017)
Victimization						
<i>Overt</i>	1.97 (0.52)	0.07 (0.11)	2.53 (0.55)	0.15 (0.12)	2.99 (0.72)	0 (0.12)
<i>Relational</i>		0.01 (0.06)		-0.04 (0.06)		0 (0.06)

Table A3.

Parameter Estimates and Confidence Internals for Growth Trajectory Models

Time	β Estimate	LCL	UCL
NSSI Frequency at Baseline	2.43	2.06	2.81
6 Months	2.81	2.41	3.2
30 Months	3.02	2.32	3.73
NSSI Frequency by Baseline Frequency Group			
Baseline			
Low	0.48	0.11	0.84
Moderate	2.63	2.03	3.23
High	4.5	4.15	4.85
6 months			
Low	1.22	0.84	1.6
Moderate	3.44	2.76	4.12
High	4.25	3.84	4.66
30 months			
Low	1.73	0.72	2.74
Moderate	3.34	2.46	4.21
High	4.29	3.59	5.00

Table A4

Parameter Estimates for NSSI Trajectory based on Baseline DERS and Internalizing Psychopathology

Time	β Estimate			β Estimate		
	Low NSSI	Moderate NSSI	High NSSI	Low NSSI	Moderate NSSI	High NSSI
	Low emotion dysregulation (-1 <i>SD</i>)			High emotion dysregulation (+1 <i>SD</i>)		
Baseline	0.47	2.68	4.31	0.48	2.60	4.60
6 Months	1.24	2.36	4.36	1.17	4.05	4.18
30 Months	1.82	2.47	4.17	1.49	3.82	4.36
	Low internalizing problems (-1 <i>SD</i>)			High internalizing problems (+1 <i>SD</i>)		
Baseline	0.52	3.00	4.29	0.42	2.53	4.55
6 Months	1.50	2.60	4.49	0.88	3.67	4.19
30 Months	1.70	2.60	4.43	1.77	3.53	4.26

