Supplementary File: List of interventions

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| **Intervention** | **Description** | **Dates** | **Reference** |
| Rise in antidepressant use begins | Rise in antidepressant use with introduction of SSRIs | 1992+ | Mant et al. (2004) |
| 1st National Mental Health Plan | A collaborative framework between all levels of government to pursue 12 priority areas | 1993-1998 | Australian Government Department of Health (2001a) |
| National Youth Suicide Prevention Strategy | Australian government initiative to prevent youth suicide by building capacity of existing services and programs | 1995-1999 | Morrell et al. (2007) |
| Gun buyback | National gun law reform to remove semi-automatic and pump-action shotguns and rifles from civilian possession | 1996+ | Chapman et al. (2006) |
| SPHERE | National project to train GPs in better management of depression | 1998-circa 2000 | Hickie et al. (1998) |
| 2nd National Mental Health Plan | A collaborative framework between all levels of government to build on the first plan, and with 3 additional priority areas | 1998-2003 | Australian Government Department of Health (2001b) |
| Beyondblue | A national non-government organization aiming to reduce the impact of depression on the community | 2000+ | Hickie (2001) |
| National Suicide Prevention Strategy | Australian government initiative to prevent deaths by suicide and suicidal behaviour across the lifespan, taking a whole-of-community approach | 2000+ | Australian Government Department of Health (2014) |
| MindMatters | A national mental health promotion program for Australian schools | 2000+ | Wynn et al. (2000) |
| Better Outcomes | The Better Outcomes in Mental Health Care initiative provided GPs with training and incentives to deliver structured quality care, and access to specialists | 2001+ | Pirkis et al. (2004) |
| Media reporting guidelines | The Mindframe Media and Mental Health Project developed guidelines on reporting on suicide and mental illness, together with a national dissemination strategy | 2002+ | Skehan, Greenhalgh, Hazell and Pirkis (2006) |
| 3rd National Mental Health Plan | A collaborative framework between all levels of government outlining a framework for policy development and activity in mental health reform | 2003-2008 | Australian Government Department of Health (2005) |
| Headspace | A national youth mental health initiative providing early intervention services | 2006+ | McGorry et al. (2007) |
| Better Access | The Better Access to Psychiatrists, Psychologists and General Practitioners through the MBS initiative provided better access to mental health practitioners through Medicare | 2006+ | Australian Government Department of Health (2018) |
| 4th National Mental Health Plan | A plan for collaborative government action on mental health, including service improvements | 2009-2014 | Australian Government Department of Health (2009) |
| National Mental Health Commission | Australian Government organization to provide independent reports and advice to the community and government on what is working and what is not | 2012+ | Australian Government National Mental Health Commission (2014) |
| New National Suicide Prevention Strategy | Australian Government plan involving a systems-based regional approach to suicide prevention. | 2015+ | Australian Government Department of Health (2016) |

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