Mental health, deprivation, and the neighbourhood environment: a network analysis

## Supplementary materials

## S1. Description of bootstrapped difference tests of network accuracy and stability.

Edge weight accuracy refers to the degree of confidence with which we can interpret the ranking of the edge weights (strongest to weakest). To assess the accuracy of the networks, bootstrapped difference testing was performed (Epskamp, Borsboom, \& Fried, 2017). This procedure takes the observed difference in edge values and constructs bootstrapped $95 \%$ confidence intervals (CIs) around these values. If the $95 \% \mathrm{CI}$ crosses zero, this suggests the edges are not statistically different (Epskamp et al., 2017). Centrality reliability refers to the reliability of the rank ordering of the centrality indices. This was examined using the casedropping subset bootstrap method (Epskamp et al., 2017); networks were re-estimated using increasingly smaller subsets of the original sample, and correlations between the original centrality indices and the subset centrality indices were calculated. A small-to-moderate decrease in correlation as participants are removed suggests that the order of centrality is relatively stable/reliable. This can be quantified in the form of the correlation stability coefficient, with values above 0.7 deemed to reflect high centrality reliability, and values between 0.25 and 0.7 denoting moderate reliability (Epskamp et al., 2017). Accuracy and reliability analyses were conducted using the R package 'bootnet', based on 1,000 bootstrapped samples (Epskamp et al., 2017).

## S2. Description of network comparison tests.

NCT allows for the comparison of specific edges across networks, and tests invariance in overall connectivity (i.e. global strength). This procedure is carried out in three phases. First, the two networks in question are estimated and the relevant test statistics are calculated (van Borkulo et al., 2016). For individual edges, the test statistic is the observed difference in edge weight. For invariance in overall connectivity, the test statistic is the difference in globalstrength (i.e., difference in sum of edge weights of two networks). For structural invariance, the statistic is the largest individual difference in edge strength observed between the two networks. Second, cases are repeatedly and randomly swapped between networks, and the test statistics re-estimated. Third, a reference distribution is created from these test statistics and statistical significance is determined, with the $p$-value equal to the proportion of test statistics that have an equal or higher value than the observed test statistic (van Borkulo et al., 2016). Networks were compared using 1,000 random permutations.

Table S1. Labels scoring and frequencies of items

| Label | Question | Scoring* | Frequency ( $\mathrm{N}=3,670$ ) |
| :---: | :---: | :---: | :---: |
| Depression |  |  |  |
| Intr | Q64/1. Little interest or pleasure in doing things? | $\begin{aligned} & 1=\text { Not at all } \\ & 2=\text { Several days } \\ & 3=\text { More than half the days } \\ & 4=\text { Nearly every day } \end{aligned}$ | $\begin{aligned} & 0=3018(82 \%) \\ & 1=652(18 \%) \end{aligned}$ |
| Dep | Q64/2. Feeling down, depressed, or hopeless? | ، | $\begin{aligned} & 0=3227(88 \%) \\ & 1=443(12 \%) \end{aligned}$ |
| Slp | Q64/3. Trouble falling or staying asleep, or sleeping too much? | " | $\begin{aligned} & 0=2895(79 \%) \\ & 1=775(21 \%) \end{aligned}$ |
| Tired | Q64/4. Feeling tired or having little energy? | " | $\begin{aligned} & 0=2817(78 \%) \\ & 1=853(22 \%) \end{aligned}$ |
| Appt | Q64/5. Poor appetite or overeating? | " | $\begin{aligned} & 0=3176(87 \%) \\ & 1=494(13 \%) \end{aligned}$ |
| Glt | Q64/6. Feeling bad about yourself - or that you are a failure or have let yourself or your family down | " | $\begin{aligned} & 0=3286(90 \%) \\ & 1=384(10 \%) \end{aligned}$ |
| Con | Q64/7. Trouble concentrating on things, such as reading the newspaper or watching television? | " | $\begin{aligned} & 0=3263(89 \%) \\ & 1=407(11 \%) \end{aligned}$ |
| Mov | Q64/8. Moving or speaking so slowly that other people could have noticed? Or the opposite - being so fidgety or restless that you have been moving around a lot more than usual? | " | $\begin{aligned} & 0=3368(92 \%) \\ & 1=302(8 \%) \end{aligned}$ |
| Sui | Q64/9.Thoughts that you would be better off dead, or of hurting yourself in some way? | " | $\begin{aligned} & 0=3488(95 \%) \\ & 1=182(5 \%) \end{aligned}$ |
| Paranoia |  |  |  |
| Decv | Q67/1. My friends often tell me to relax and stop worrying about being deceived or harmed. | 1 = Strongly disagree <br> $2=$ Disagree <br> $3=$ Neither agree or disagree <br> 4 = Agree <br> $5=$ Strongly agree | $\begin{aligned} & 0=3080(84 \%) \\ & 1=587(16 \%) \end{aligned}$ |
| Susp | Q67/2. I'm often suspicious of other people's intentions towards me | " | $\begin{aligned} & 0=3130(85 \%) \\ & 1=540(15 \%) \end{aligned}$ |
| Lied | Q67/3. People will almost certainly lie to me. | " | $\begin{aligned} & 0=3169(86 \%) \\ & 1=501(14 \%) \end{aligned}$ |
| Hurt | Q67/4. I believe that some people want to hurt me deliberately. | " | $\begin{aligned} & 0=3500(95 \%) \\ & 1=170(5 \%) \end{aligned}$ |
| Self | Q67/5. You should only trust yourself. | " | $\begin{aligned} & 0=3001(82 \%) \\ & 1=669(18 \%) \end{aligned}$ |


| Auditory hallucinations |  |  |  |
| :---: | :---: | :---: | :---: |
| Voi | Q66/1. I have been troubled by hearing voices in my head | " | $\begin{aligned} & 0=3577(97 \%) \\ & 1=93(3 \%) \end{aligned}$ |
| Tht | Q66/2. I often hear a voice speaking my thoughts aloud | " | $\begin{aligned} & 0=3558(97 \%) \\ & 1=112(3 \%) \end{aligned}$ |
| Social connectivity |  |  |  |
| Liv | Q1A. How many people live here including you? | Range $=1-10^{* *}$ | $\begin{aligned} & 0=2584(70 \%) \\ & 1=1086(30 \%) \end{aligned}$ |
| Help | Q21/1. How much do you agree or disagree with the following statements? : If I needed help, there are people who would be there for me | $1=$ Definitely disagree <br> $2=$ Tend to disagree <br> $3=$ Tend to agree <br> $4=$ Definitely agree | $\begin{aligned} & 0=174(5 \%) \\ & 1=3496(95 \%) \end{aligned}$ |
| Comp | Q21/2. How much do you agree or disagree with the following statements? : If I wanted company or to socialise, there are people I can call on | " | $\begin{aligned} & 0=183(5 \%) \\ & 1=3487(95 \%) \end{aligned}$ |
| Generalized Anxiety |  |  |  |
| Nerv | Q65/1. Feeling nervous, anxious or on edge? | $\begin{aligned} & 1=\text { Not at all } \\ & 2=\text { Several days } \\ & 3=\text { More than half the days } \\ & 4=\text { Nearly every day } \end{aligned}$ | $\begin{aligned} & 0=3302(90 \%) \\ & 1=368(10 \%) \end{aligned}$ |
| Worry 1 | Q65/2. Not being able to stop or control worrying? | " | $\begin{aligned} & 0=3212(88 \%) \\ & 1=458(12 \%) \end{aligned}$ |
| Worry 2 | Q65/3. Worrying too much about different things? | " | $\begin{aligned} & 0=3103(85 \%) \\ & 1=567(15 \%) \end{aligned}$ |
| Rel | Q65/4. Trouble relaxing? | " | $\begin{aligned} & 0=3178(87 \%) \\ & 1=492(13 \%) \end{aligned}$ |
| Rst | Q65/5. Being so restless that it is hard to sit still? | " | $\begin{aligned} & 0=3281(89 \%) \\ & 1=389(11 \%) \end{aligned}$ |
| Irr | Q65/6. Becoming easily annoyed or irritable? | " | $\begin{aligned} & 0=3215(88 \%) \\ & 1=455(12 \%) \end{aligned}$ |
| Fear | Q65/7 Feeling afraid as if something awful might happen? | " | $\begin{aligned} & 0=3382(92 \%) \\ & 1=288(8 \%) \end{aligned}$ |


| Neighbourhood cohesion |  |  |  |
| :---: | :---: | :---: | :---: |
| Blng | Q24. Using the answers on this card, please tell me how strongly you feel you belong to your immediate neighbourhood? | $\begin{aligned} & 1=\text { Not at all strongly } \\ & 2=\text { Not very strongly } \\ & 3=\text { Fairly strongly } \\ & 4=\text { Very strongly } \end{aligned}$ | $\begin{aligned} & 0=587(16 \%) \\ & 1=3083(84 \%) \end{aligned}$ |
| Trust | Q25/1. How comfortable would you be with the following? : Asking a neighbour to keep a set of keys to your home for emergencies, for example if you were locked out | 1 = Very uncomfortable <br> 2 = Fairly uncomfortable <br> 3 = Fairly comfortable <br> 4 = Fairly comfortable | $\begin{aligned} & 0=954(26 \%) \\ & 1=2716(74 \%) \end{aligned}$ |
| Look | Q27. Would you say this neighbourhood is a place where neighbours look out for each other? | $\begin{aligned} & 1=\text { No } \\ & 2=\text { Yes to some extent } \\ & 3=\text { Yes definitely } \end{aligned}$ | $\begin{aligned} & 0=512(14 \%) \\ & 1=3158(16 \%) \end{aligned}$ |
| Infl | Q34. Do you agree or disagree that you can influence decisions affecting your local area? | $\begin{aligned} & 1=\text { Definitely disagree } \\ & 2=\text { Tend to disagree } \\ & 3=\text { Tend to agree } \\ & 4=\text { Definitely agree } \end{aligned}$ | $\begin{aligned} & 0=1985(54 \%) \\ & 1=1712(46 \%) \end{aligned}$ |
| Neighbourhood disorder |  |  |  |
| Drnk | Q28/1. People being drunk or rowdy in public places | $1=$ not a problem at all <br> $2=$ Not a very big problem <br> 3 = Fairly big problem <br> 4 = Very big problem | $\begin{aligned} & 0=566(15 \%) \\ & 1=3104(85 \%) \end{aligned}$ |
| Rub | Q28/2. Rubbish or litter lying around | " | $\begin{aligned} & 0=2529(69 \%) \\ & 1=1141(31 \%) \end{aligned}$ |
| Vand | Q28/3. Vandalism, graffiti and other deliberate damage to property or vehicles | " | $\begin{aligned} & 0=384(10 \%) \\ & 1=3286(90 \%) \end{aligned}$ |
| Min | Q28/4. People being attacked or harassed because of their skin colour, ethnic origin or religion | " | $\begin{aligned} & 0=3479(95 \%) \\ & 1=191(5 \%) \end{aligned}$ |
| Tngr | Q28/5. Teenagers hanging around on the street | " | $\begin{aligned} & 0=2928(80 \%) \\ & 1=742(20 \%) \end{aligned}$ |
| Trb | Q28/6. Troublesome neighbours | " | $\begin{aligned} & 0=3435(94 \%) \\ & 1=235(6 \%) \end{aligned}$ |

[^0]Table S2. Mean scores and standard deviations for mental health measures and IMD based on level of deprivation

|  | Full Sample ( $\mathrm{N}=3670$ ) |  | Low deprivation ( $\mathrm{n}=1310$ ) |  | Moderate deprivation ( $\mathrm{n}=1192$ ) |  | High deprivation ( $\mathrm{n}=1168$ ) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
| PHQ-9 | 4.44 | 5.59 | 3.25 | 4.39 | 4.81 | 5.85 | 5.40 | 6.25 |
| GAD-7 | 3.32 | 4.82 | 2.40 | 3.81 | 3.49 | 4.99 | 4.18 | 5.45 |
| PaDS | 4.46 | 4.28 | 3.81 | 3.86 | 4.97 | 4.32 | 5.21 | 4.55 |
| Launay-Slade Hallucination Scale | 0.54 | 1.27 | 0.40 | 1.06 | 0.68 | 1.38 | 0.57 | 1.35 |
| Index of Multiple Deprivation | 39.65 | 21.06 | 17.31 | 9.84 | 40.40 | 5.54 | 63.95 | 10.29 |



Fig S1. Bootstrapped difference tests between non-zero edges. Black squares indicate significant differences between edges $(a=0.05)$, whereas grey boxes indicate no significant difference.


Fig S2. Mean correlations between centrality values of original sample and sub samples with different percentages of persons dropped. Lines reflect means and areas around the lines reflect 95\% CIs.

- Drnk: People drunk/rowdy in public
- Rub: Rubbish/litter

- Min: Harassment of minorities
- Tngr. Teenagers hanging around
- Trb: Troublesome neighbours

2

- Bling. Neighbourhood belonging
- Trust: Would give neighbour spare keys
- Look: Neighbours look out for each other
- Inf: Can influence local decisions

3

- Intr. Loss of interest
- Dep: Feeling down/depressed/hopeless
- Slp: Sleeping too much/little
- Tired: Feeling tired/lack energy
- Appt: Poor appetite or overeating
- GIt: Guilt
- Con: Concentration problems
- Mov. Moving/speaking too slow/fast
- Sui: Self-harm/suicidal thoughts

4

- Nerv: Feeling nervous, anxious or on edge
- Worry1: Can't control worry
- Worry2: Worrying too much about different things
- Rel: Trouble relaxing
- Rst: Feeling restless
- Irr: Easily annoyed or irritable
- Fear. Feeling afraid

5

- Decv. Worries about being deceived or harmed
- Susp: Suspicious of other people's intentions
- Lied. Feels that people will lie to them
- Hurt: Feels that people mean harm
- Self. Only trusts self

6

- Voi: Hearing voices
- Tht Voice speaks thoughts aloud

7

- Help: Has people to call for help
- Comp: Has people to call for company

8

- Live: Lives alone

Fig S3. Clustering structure identified using walktrap algorithm.


Fig S4. Centrality values for low deprivation subsample ( $\mathrm{n}=1,310$ ). Values presented as Zscores.


Fig S5. Centrality values for mid deprivation subsample ( $\mathrm{n}=1,192$ ). Values presented as Zscores.


Fig S6. Centrality values for high deprivation subsample ( $\mathrm{n}=1,168$ ). Values presented as Zscores.


Figure S7. Reference distributions created by non-parametric permutation tests. Red marker indicates observed difference.


[^0]:    *Broken lines indicate placement of binary split; above line $=0$; below line $=1 . * *$ dichotomised as $0=$ lives with someone; $1=$ lives alone. " $=$ same as above.

