

## Appendix

Own Age-Related Communication	When I forget something or have trouble with a task, I often say it is because of my age.
	I often hear myself explaining away some event by referring to my age.
	When I talk about what is happening in my life, I frequently mention my age.
	I frequently express the fact that I am optimistic about aging.
	When I talk about my age or that I am aging, I often sound sad about it.
	When telling stories about myself and my life, I frequently refer to the joys and rewards of being older.
	I often tease others about their age.
	When I send birthday cards or messages, I often poke fun at the person's age.
	I often make jokes about someone's age if they are having problems with some task or other.
	When others make jokes about my age, I usually play along.
	I normally have a comeback for people who make inappropriate comments or tease me about my age.
	When people talk to me as if I am just an older person, it bothers me.
	I look for and purchase "antiaging" products (e.g., skin creams, hair restoration products) I read about in magazines and/or see on television.
	I resent the ads that claim I should work at looking younger.
	I am skeptical when I see an ad for a product that will help me "recapture my youth."
	I have talked with my family and friends about my wishes regarding care as I age.
	I have tried to make sure my family is informed about my preferences if they ever need to make health decisions for me.
Aging Efficacy	I have talked with my older family members about their wishes regarding care as they age.
	I enjoy keeping up with new communication technologies such as social media or new smart phone apps.
	I find communicating via email, Skype, and other communication technologies frustrating.
	I encourage friends and family members to make use of new communication technologies.
	I feel that I can deal with any challenges that growing older might bring.
Successful Aging	I am confident that if I need to, I will be able to adapt to age-related changes.
	I feel able to cope with things that might happen to me as I age.
	I feel fully in control in dealing with my own aging.
	I don't feel I can really empower (help) others to come to terms with their own aging (reverse-coded).
	I am not in command as much as I should be about growing older (reverse-coded).
Successful Aging	How successfully have you aged up until now?
	How well are you aging?
	How do you rate your life these days?
	I am happy with the age I am right now.
	At my age I feel that life has much to offer.
	I'm as happy at this stage in my life as I have been at other points in time.

Note. The same set of 21 items operationalized the parent's age-related communication, with the appropriate noun and pronoun adjustments (e.g., "When my parent forgets something or has trouble with a task, he/she often says it is because of his/her age").

**Table S1.** Fit Indices for Latent Profile Analyses of Participants' and Parents' Age-Related Communication.

Number of Profiles	Loglikelihood	AIC	BIC	aBIC	<i>p</i> LMRT	<i>p</i> BLRT
Participants' (Children's) Own Age-Related Communication						
1	-5490.30	11064.61	11187.24	11054.38	-	-
2	-5305.83	10739.67	10926.55	10724.08	< .001	< .001
<b>3</b>	<b>-5216.50</b>	<b>10605.00</b>	<b>10856.12</b>	<b>10584.05</b>	<b>.12</b>	<b>&lt; .001</b>
4	-5135.09	10486.17	10801.53	10459.86	.27	< .001
5	-5089.86	10439.71	10819.31	10408.05	.76	< .001
Parents' Age-Related Communication						
1	-5688.14	11460.28	11582.91	11450.04	-	-
2	-5483.70	11095.39	11282.27	11079.81	< .001	< .001
<b>3</b>	<b>-5372.47</b>	<b>10916.94</b>	<b>11168.06</b>	<b>10896.00</b>	<b>.05</b>	<b>&lt; .001</b>
4	-5292.62	10801.24	11116.60	10774.93	.44	< .001
5	-5213.15	10686.31	11065.91	10654.64	.41	< .001

*Note.* AIC = Akaike information criterion. BIC = Bayesian information criterion. aBIC = sample-size adjusted BIC. LMRT = Lo-Mendell-Rubin likelihood ratio test. BLRT = Bootstrapped likelihood ratio test. Final models chosen are indicated in bold type. Entropy for the three-profile participant model (.93) and for the three-profile parent model (.97) was high.