

Supplemental Material

Table 2. Details on study design and methodological quality

Performance	(10) Were cointerventions avoided or similar?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Performance	(11) Was the compliance acceptable in all groups?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Detection	(12) Was the timing of the outcome assessment similar in all groups?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Other	(13) Are other sources of potential bias unlikely?	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes