

## Online Appendix 2

Relationship between frequency of vegetable intake and frailty

		Odds ratio	C.I.	p-value
<b>Frailty at 12 months and Vegetable Intake n=319</b>				
Crude		1.22	0.86-1.73	0.26
Adjusted	<i>Age</i>	1.20	0.85-1.72	0.30
	<i>Gender</i>	1.26	0.88-1.81	0.20
	<i>Education</i>	1.21	0.85-1.73	0.29
	<i>Living alone</i>	1.23	0.86-1.75	0.26
	<i>Study arm, PHV</i>	1.21	0.85-1.71	0.29
<b>Frailty at 24 months and Vegetable Intake n=229</b>				
Crude		1.03	0.71-1.49	0.87
Adjusted	<i>Age</i>	1.03	0.71-1.50	0.87
	<i>Gender</i>	1.03	0.72-1.49	0.86
	<i>Education</i>	1.06	0.73-1.54	0.75
	<i>Living alone</i>	1.01	0.70-1.46	0.95
	<i>Study arm, PHV</i>	1.03	0.71-1.48	0.88

### **Abbreviations:**

*C.I* Confidence Interval

*PHV* Preventive Home Visit