

Exercise 3. I Am Statements

Instructions: Think about your identity and, in the space below; complete the sentence “I am...” as many times as you can in Column A.

Column A	Column B
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____
I am _____	_____

After completing your statements, follow your instructor’s guidance to label them in Column B with an “I” (Individual/personal), “R” (Relational), or “C” (Collective/Social).

Question Prompt: How do these answers match up to your meaning and strength of leader identity?