

Online Appendix 1. Correlation Matrix for DASS-21 Items and Subscales

Item/ Scale	3	5	10	13	16	17	21	2	4	7	9	15
3. Depression	—											
5. Depression	.51	—										
10. Depression	.60	.50	—									
13. Depression	.61	.49	.56	—								
16. Depression	.65	.57	.59	.59	—							
17. Depression	.60	.47	.60	.56	.56	—						
21. Depression	.58	.46	.62	.55	.55	.66	—					
2. Anxiety	.23	.23	.25	.22	.26	.25	.26	—				
4. Anxiety	.35	.25	.35	.36	.30	.34	.34	.28	—			
7. Anxiety	.37	.29	.38	.42	.37	.36	.36	.29	.47	—		
9. Anxiety	.37	.38	.40	.40	.39	.40	.34	.27	.32	.40	—	
15. Anxiety	.43	.38	.43	.51	.42	.44	.40	.23	.40	.40	.43	—
19. Anxiety	.29	.22	.25	.28	.26	.27	.23	.21	.45	.38	.26	.33
20. Anxiety	.44	.37	.43	.45	.44	.48	.41	.27	.41	.47	.45	.47
1. Stress	.42	.36	.39	.44	.44	.38	.34	.23	.36	.35	.31	.52
6. Stress	.36	.33	.36	.37	.35	.35	.28	.19	.32	.33	.43	.41
8. Stress	.37	.38	.37	.45	.38	.36	.32	.20	.34	.40	.41	.51
11. Stress	.39	.38	.34	.43	.36	.34	.34	.25	.31	.32	.34	.44
12. Stress	.43	.38	.41	.46	.42	.41	.35	.22	.36	.35	.33	.53
14. Stress	.32	.28	.27	.31	.33	.27	.27	.22	.30	.26	.26	.32
18. Stress	.40	.40	.39	.46	.41	.37	.34	.24	.33	.35	.39	.46
Depression	.82	.73	.81	.79	.81	.80	.79	.31	.41	.46	.48	.54
Anxiety	.53	.46	.53	.56	.52	.55	.50	.55	.69	.70	.69	.71
Stress	.54	.51	.51	.59	.54	.50	.45	.31	.47	.48	.50	.65
Item <i>M</i> (range 0–4)	0.46	0.84	0.50	0.91	0.58	0.50	0.41	0.57	0.33	0.35	0.80	0.78
<i>SD</i>	0.72	0.85	0.78	0.85	0.78	0.78	0.73	0.80	0.63	0.64	0.87	0.86

Online Appendix 1 (continued): Correlation Matrix for DASS–21 Items and Subscales

Item/ Scale	19	20	1	6	8	11	12	14	18	D	A	S
9. Anxiety												
15. Anxiety												
19. Anxiety	—											
20. Anxiety	.33	—										
1. Stress	.29	.42	—									
6. Stress	.28	.42	.35	—								
8. Stress	.29	.42	.50	.37	—							
11. Stress	.29	.34	.41	.42	.39	—						
12. Stress	.29	.41	.73	.36	.48	.44	—					
14. Stress	.25	.30	.34	.36	.28	.41	.32	—				
18. Stress	.29	.38	.40	.48	.40	.54	.44	.41	—			
Depression (D)	.33	.55	.50	.43	.48	.47	.52	.37	.50	—		
Anxiety (A)	.64	.72	.53	.51	.55	.49	.54	.41	.52	.66	—	
Stress (S)	.40	.54	.76	.67	.70	.72	.77	.61	.74	.66	.72	—
Item <i>M</i> (range 0–4)	0.65	0.47	0.87	0.76	0.92	0.89	0.93	0.65	0.98	1.60	1.56	1.86
Item <i>SD</i>	0.83	0.73	0.86	0.81	0.84	0.76	0.87	0.76	0.83	0.62	0.51	0.58

Note. Shaded cells show within subscale Pearson correlations. All correlations are significant at $p < .01$.