

Appendix A

Interview schedule

Q					
1	Site				
	State Hospital (EDH)	State Clinic (MW)	State Clinic (BP)	Private Practice (NP)	Private Practice (KMGX)
2	Age (y)				
	18 - 34	35 – 49	50 - 64	≥ 65	
3	Sex				
	Male	Female			
4	Race				
	Black	White	Coloured	Indian	Other:
5	Home Language				
	Afrikaans	English	Xhosa	Other:	
6	What has your main work / income been in past 12 months?				
	Mainly unemployed	Mainly employed	DG or other Pension	Student	Other:
7	Education (highest level <i>successfully completed</i> according to patient)				
	Grade 7 (Std. 5) or less	Grade 8 to 12 (Std. 6 to 10)	≤ 2 years University / College	≥ 3 years University /College	Other:
8	Total monthly household income (patient's estimation) – only if patient agrees to disclose: (Yes / No) [categories similar to Statistics SA Quintiles of 2005/2006]				
	R 0 - R1 000	R 1 001 - R 2 000	R 2 001 - R3 000	R 3 001 - R7 500	R7 501 or more

9	To which of the following do you have regular access in the place that you live?				
	Television (working order)	Radio (working order)	Newspaper (on most of the days)	Magazine (weekly or monthly) e.g. You, Huisgenoot, Drum, Bona, etc.	
10	Did you consult any of the following practitioners for mental problems in the past 12 months?				
	<i>Specify (more than one if necessary)</i>				
11	African culture-aligned	Complementary / alternative	Religion-aligned	Other	None (Continue to Q 21)
	If you answered yes to question 10, what was your reason for choosing this particular practitioner?				
11.1	Cultural belief	Religious belief	Family / friends' recommendation	Personal preference	Response to advertisement
11.2	Other (describe):				
12	If you answered YES to question 10, how much money did you spend on the consultation/s and treatment/s you received from this practitioner over the past 12 months?				
	R 500 or less	R501 - R1 000	R1 001 – R 2000	R2001 - R3000	R3 001 or more
13	What treatment was recommended by the practitioner? (specify more than one if necessary)				
14	How did you use or take the treatment? (Specify more than one route of administration if necessary)				
	Oral (swallowing, chewing or buccal)	Rectal (enema, suppository, rectal lavage)	Inhalation, “steaming”, sniffing or nasal lavage	Parenteral (IM, IV or other injection)	External application on skin (lotions, creams, mud, special mixtures)
14.1					

14.2	Scarification & tattooing	Ritual: cultural or religious treatment ritual (including prayer, laying of hands, “blessings”, exorcism, etc.)	Other (describe):		
15	Do you think the practitioner’s treatment made you worse, better, or had no effect?				
	Worse	Better	No effect	Other effect (describe):	
16	Did you use the practitioner’s treatment or prescription exactly the way you were advised to use it?				
	Yes, I used it exactly	No, I did not use it at all	I used it, but with modifications	Other (describe):	
17	Were you mistreated, assaulted or abused in any way during treatment by the practitioner (specify)?				
	Yes	No	If yes, give details:		
18	If the practitioner gave your problem a diagnosis or a name, what was it?				
	No Dx or name	Can't remember	Dx or name (specify):		
19	What did the practitioner tell you about the regular medication or treatment you may be getting from a medical doctor, specialist, nurse or psychologist?				
	Continue Rx as usual	Change dose or Interrupt & restart later	Permanently stop Rx	No advice on usual Rx	Other (describe):

20	Of all treatments you have ever had for your illness (including traditional or alternative practitioner, regular doctor, specialist, nurse, psychologist), which one helped you the most?				
	Regular medical Rx	Traditional / Alternative Rx	Equally helpful	None helped	Other (describe):
21	Would you visit a traditional or alternative healer in future should you develop mental problems?				
	Yes, definitely	No, definitely not	Maybe; not sure	Other (describe):	
22	Categories of practitioners:	<u>African Culture-Aligned Practitioner:</u> Witchdoctor (TH) (iGqirha), Herbalist (iXhwele), (uMthandazeli), or other culture-aligned practitioner ("emntwini")	<u>Complementary and Alternative Medicine Practitioner: (CAMP)</u> Homeopathy, Chiropractor, Reflexology, Aromatherapy, Acupuncture, Magnetic Therapy, Naturopathy, Herbalism, Chinese / Ayurvedic / Unani medicines, Yoga & Meditation (as treatment), Hypnosis (by non-psychologist), non-medical diet based therapy, Tarot card, Palmistry, Clairvoyant, Occult practitioner, Past lives therapist, Radionics, Dianetics & Scientology, Reiki, etc.	<u>Religion-Aligned Practitioner: (RAH)</u> Priest, pastor, minister of religion, Imam, Rabbi or an official from any formal organised religion who uses a religious framework for treatment practice, Umthandazel (faith healer)	