

Supplemental Appendix 2

Capstone Conversation and Phone Interview Questions

Capstone Conversation Questions

1. What have we learned about aligning partners around a shared vision, a common agenda, strategies and resources in support of desired outcomes? In what ways did you apply systems thinking to your work? (Author note: Hierarchy of Choices)
2. How have unique aspects of the partnerships contributed to long-term change in the community? (Author note: Core Theory of Success)
3. What roles have grassroots community members and young people played in leading strategic systems change? (Core Theory of Success)

Phone Interview Questions

1. How did you become involved with your community's Food & Fitness partnership? What has been your role in it?
2. What have been some key accomplishments from your perspective?
3. Tell me about your experience with systems thinking in Food & Fitness work.
4. Which frameworks, tools, or systems thinking principles have influenced your Food & Fitness work? (The list was used to prompt individuals who were having difficulty remembering names of frameworks or principles.)
 - a. Core theory of success
 - b. Creative tension
 - c. Hierarchy of choices
 - d. Levels of perspective

- e. Vision deployment matrix
 - f. Ladder of inference
 - g. Anticipating "unintended consequences"
 - h. "Slower is faster" for system change
 - i. "Accidental adversaries"
5. What advice do you have for other communities considering using a systems thinking/systems change approach for their work?
6. What else would you like me to know about your work?