Supplementary File 1. MOOSE checklist.

Background	
Problem definition	✔
Hypothesis statement	✔
Description of study outcome(s)	✔
Type of exposure or intervention used	✔
Study population	✔
Search strategy	
Qualifications of searchers	✔
Search strategy, including time period included in synthesis and keywords	✔
Effort to include all available studies, including contact with authors	✔
Databases and registries searched	✔
Search software used, name and version, including special features used	✔
Use of hand searching	✔
List of citations located and those excluded, including justification	✔
Method of addressing articles published in languages other than English	✔
Method of handling abstracts and unpublished articles	✔
Description of any contact with authors	✔
Methods	
Description of relevance or appropriateness of studies assembled	✔
Rationale for the selection and coding of data	✔
Documentation of how data were classified and coded	✔
Assessment of confounding	✘
Assessment of study quality	✔
Assessment of heterogeneity	✘
Description of statistical methods in sufficient detail to be replicated	✘
Provision of appropriate tables and graphics	✔
Results	
Graphic summarizing individual study estimates and overall estimate	✘
Table giving descriptive information for each study included	✔
Results of sensitivity testing	✘
Indication of statistical uncertainty of findings	✔
Discussion	
Quantitative assessment of bias	✔
Justification for exclusion	✔
Assessment of quality of included studies	✔
Conclusions	
Consideration of alternative explanations for observed results	✔
Generalization of the conclusions	✔
Guidelines for future research	✔
Disclosure of funding source	✔